

Linnda Durré, Ph.D.

Curriculum Vitae

OCCUPATIONS

Licensed Mental Health Counselor, Private Practice, FL License #MH6058, April 2000-Present (Previous Licenses in CA and WA)
Certified Clinical Intern Supervisor, DOH Provider #50-2109, State of Florida
Adjunct Professor of Psychology, Rollins College, Winter Park, Florida, 1997-2003
Adjunct Professor of Psychology, Seminole Community College, Sanford, Florida, Spring Semester 2005
Adjunct Professor of Psychology, Valencia Community College, Orlando, Florida, Fall Semester 1996
Field Placement Supervisor, Rollins College, Winter Park, Florida, 2003
Internship Supervisor, Office of Experiential Learning, University of Central Florida, Orlando, Florida 2002-Present
Internship Supervisor, Valencia Community College, Orlando, Florida 2004-2009
Internship Supervisor, Winter Park Tech, Winter Park, Florida, 2002-2006
Internship Supervisor, Connecticut School of Broadcasting, Tampa, Florida, 2002
Television and Radio Talk Show Host and Co-Producer/Producer
Media Guest and Commentator
Consultant to Attorneys, Judges, and State Legislatures
Expert Witness, Qualified in Six States (FL, CA, CT, GA, WA, AR)
Business and Corporate Consultant
Workshop and Seminar Leader
Motivational Speaker & Corporate Trainer
Career Consultant & Executive Recruiter
Sports Performance Coach and Consultant
Published Writer and Author
Internet, Newspaper, and Magazine Columnist

EDUCATION

Ph.D. California School of Professional Psychology, San Diego, CA: Psychology, July 1977 (Now Alliant University)
M.A. California School of Professional Psychology, San Diego, CA: Psychology, August 1975 (Now Alliant University)
B.A. Pacific Oaks College, Pasadena, CA: Human Development, June 1970

DOCTORAL DISSERTATION

"Sexual Relationships Between Female Clients and Male Therapists." Unpublished dissertation.
California School of Professional Psychology, San Diego, CA: July 1977. Registered with University Microfilms.

DOCTORAL COMMITTEE MEMBER

"A Study of the Relationships Between Anxious Attachment, Ego Functioning, and Female Client's Vulnerability Toward Sexual Involvement With Their Male Therapists," Laurie Stone, California School of Professional Psychology, Los Angeles, CA: August 1980.

DOCTORAL DISSERTATION READER

"Integrating Sex Therapy and Couple Therapy in the Treatment of Hypoactive Sexual Desire Disorder: An Attachment Based Approach," Cameron Gridley, California School of Professional Psychology, San Francisco, CA: May 2006

BOARD OF DIRECTORS

The Bridge Foundation, Apopka, FL, June 2004 – Present, Charter Member and Vice-President
President, Franklin County Art Council, Lake Placid, NY, September - October 1993
The Getaway Youth Center. Saranac Lake, NY, 1993 - 1994

ADVISORY BOARD MEMBER

The International Society for Performance Improvement, Workplace Psychology Advisor, Ft Lauderdale, FL: 2012- Present
The Golden Rule Foundation, Community Advisory Board, Maitland, FL: March 2004 -Present
The Golden Rule Foundation, Quantitative Systems Method of Outcome and Design, Subcommittee Facilitator, 2005-2006
Winter Park Tech, Medical Secretary Board, Winter Park, FL: October 2004 - 2006, Chairperson
Winter Park Tech, Medical Secretary Board, Winter Park, FL: October 2003 - October 2004
Southern California Neuropsychiatric Institute. Educational Advisory Board, La Jolla, CA: July 1985 - July 1987

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Winter Park, FL 32789
FL MHC License #MH6058

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www.survivingthetoxicworkplace.com

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SURVIVING THE TOXIC WORKPLACE:
Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day,
By Linnda Durré, Ph.D.

Published by McGraw Hill, January 26, 2010 – 256 pages

Seven 5 Star Reviews on Amazon and Barnes and Noble's Websites - www.amazon.com and www.bn.com

Amazon List: #16 out of 25 "Books to Learn the Rules of the Workplace" - http://www.amazon.com/Learn-Rules-Workplace/lm/R3K1CX5YJSD0GO/ref=cm_lmt_srch_f_2_rsrsrc0

Amazon List: #6 out of 8 of "Books to Humanize the Workplace" - http://www.amazon.com/Humanize-The-Workplace/lm/R2GET6UC4IWIX9/ref=cm_srch_res_rpli_alt_1

Foreign Edition Published in South Korea, Published by Boogle Books, 2010, KCC-Korea Copyright Center, Inc., Seoul, South Korea

Foreign edition Published in The Czech Republic, Prah Publishers, 2012, Translated by Svatoslav Gosman

Interviews include: Forbes, Wall Street Journal, Investors Business Daily, Inc Magazine, Business Week, Job Week, USA Today, Pasadena Star News, New Jersey Star Ledger, AOL, Monster, Yahoo,

Magazine Interviews include: More Magazine, Glamour Magazine, Cosmopolitan Magazine, Entrepreneur Magazine, Inc. Magazine, Orlando Magazine, and many others

Selected as a Pledge Special for Public Television, by WMHT, Albany, NY, TBA

LICENSES, AWARDS, CERTIFICATES, AND CONTINUING EDUCATION - PAST AND/OR PRESENT

March 23, 2013	Ethics and Boundaries – Continuing Education, Meredith Neill, Valencia College, Orlando, FL
March 23, 2013	Prevention of Medical Errors – Continuing Education Carol Millenson, Valencia College, Orlando, FL
January 2013	Parenting Communication – Presented by Behavioral Support Services, Orlando, FL
Feb 9-11, 2012	Family Mediation Training – Completed, USF, Continuing Education, Gregory Firestone, Ph.D.
Feb 16-18, 2012	Family Mediation Training – Completed, USF, Continuing Education, Gregory Firestone, Ph.D.
March 18, 2011	Ten Best-Ever Anxiety Reducing Techniques – Margaret Wehrenberg, Psy.D. - Online
February 12 2011	Domestic Violence - Continuing Education – Valencia Community College, Orlando, FL
February 12, 2011	Prevention of Medical Errors – Continuing Education – Valencia Community College, Orlando, FL
February 12, 2011	Boundaries and Ethical Issues in Psychotherapy - Continuing Education, VCC, Orlando, FL
December 9, 2010	Bi-Polar Disorder – Continuing Education – Jay Carter, Psy. D., Orlando, FL
June 04 & 05, 2010	Emotional Release Therapy, Altamonte Springs, FL (16 credits of CEUS) with Ruth Stern
Feb 27 & 28, 2009	Certified Clinical Intern Supervisor – DOH Provider #50-2109 – Continuing Education – Alicia Homrich, Meredith Neill, Roberta Marowitz, and Ruth Edwards, VCC, Winter Park, FL
February 21, 2009	Domestic Violence - Continuing Education - VCC, Winter Park, FL
February 21, 2009	Boundaries and Ethical Issues in Psychotherapy - Continuing Education, VCC, Winter Park, FL
February 21, 2009	Prevention of Medical Errors – Continuing Education - Orlando, FL - VCC, Winter Park, FL
September 25, 2008	Motivational Interviewing – Continuing Education - David Kiehl, Ph.D. - Orlando Florida
May 23, 2008	Anger Control for Children, Teens and Adults - Continuing Education - Isadore Kalmen, Ph.D.
May 9, 2008	A.D.H.D.: Treatment, Medication & Holistic Alternatives - Continuing Education - Jim West, Ph.D., Orlando, FL
March 17, 2007	Rules and Laws Pertaining to Psychotherapy – VCC, Continuing Education, Alicia Homrich, Ph.D., Orlando, FL
March 3, 2007	Therapist As Coach: Jungian Depth Coaching – VCC, Continuing Education - Carol Millenson Orlando, FL
November 17, 2006	Domestic Violence - Continuing Education - Orlando, FL
November 17, 2006	Ethical Issues in Psychotherapy & Preventing Medical Errors, Continuing Education - Orlando, FL
November 1, 2006	Memory, Aging and Sleep – Continuing Education – Michelle Albers, Ph.D., RD, Orlando, FL
August 11, 2006	Bi-Polar Disorder – Continuing Education – Jay Carter, Psy. D., Orlando, FL
March 19, 2005	Sexual Behavior and Values - Continuing Education – Philip Toal, Ed.D., LMHC, Orlando, FL
March 18, 2005	Anger and Violence – Continuing Education - Janet LeBlanc, LMHC, Orlando FL
March 18, 2005	Anger Management: Cognitive/Behavioral Practicum - Continuing Education - Janet LeBlanc, LMHC, Orlando, FL
March 12, 2005	Domestic Violence - Continuing Education - Kathy Booker, LMHC, Orlando, FL
March 12, 2005	Reporting of Medical Errors - Continuing Education - Carol Millenson, Orlando, FL
August 9, 2004	Anger, Aggression and Violence - Continuing Education - Jeffrey Baker, Ph.D., Orlando, FL
June 17, 2004	The Over-Indulged Child - Continuing Education - Kathleen Kralick, Ph.D., Orlando, FL
November 21, 2003	Playwrighting Master Class with Edward Albee, Rollins College, Winter Park, FL
August 15, 2003	The Unattached Child – Continuing Education - Larry Shyers, Ph.D., Orlando, FL
August 15, 2003	Psychopharmacology for MHP - Continuing Education – Patricia Economidis, M.S., ARNP-BC
March 29, 2003	Juvenile Sex Offenders - Continuing Education - Nancy DeLong, LMHC, NCC
March 21, 2003	Domestic Violence - Continuing Education - Larry Shyers, Ph.D.
March 21, 2003	Reporting of Medical Errors - Continuing Education - Larry Shyers, Ph.D.
November 15, 2002	Spirituality in Psychotherapy - Continuing Education - Christine Rosenthal, M.A., LMHC
November 2002	Associate Producer and Creative Consultant, “Called Girl,” Ponte Vedre, FL
October 25, 2002	Working with Clients After the Affair - Continuing Education - Regina Proskine, LMFT
August 13, 2002	Women's Health Update - Continuing Education - Michelle Albers, Ph.D., R.D.
May 11, 2002	Borderline Personality Disorder - Continuing Education - Larry Shyers, Ph.D.
April 27, 2000	Licensed Mental Health Counselor, State of Florida (#MH6058)
May 2000	Domestic Violence Course, Continuing Education
May 31, 1996	Emerging Business Award Nomination, Bellevue Chamber of Commerce, Bellevue, WA
February 1996	Outstanding Instructor, Discover University, Seattle, WA
July 1994	Certified Marriage and Family Therapist, State of Washington (#852)
July 1994	Certified Mental Health Counselor, State of Washington (#2619)
June 1994	AIDS Course for Continuing Education
1993	Elementary Teaching Certificate, K6, State of New York
1989	Child Abuse: Detection, Treatment, and Reporting Course, Continuing Education
February 1987	National Board of Certified Counselors

**LICENSES, AWARDS, CERTIFICATES, AND CONTINUING EDUCATION - PAST AND/OR PRESENT
(continued)**

Fall 1978	“60 Minutes” Segment: Award for Best Contribution to the Field of Psychology by the APA-American Psychological Association at their Annual Convention, Toronto, Canada
July 1978	Licensed Marriage, Family and Child Counselor, State of California (#M12566)
July 1975-Feb 1983	Registered Psychological Assistant, State of California
Feb 1981-Feb 1983	Gay Parnell, Ph.D., Psychologist (Post Doctoral Hours)
July 1975- Jan 1979	Harold Bessell, Ph.D., Psychologist (Pre-Doctoral and Post-Doctoral Hours)
May-October 1979	Gay Parnell, Ph.D., Psychologist (Post-Doctoral Hours)
1978	The Psychologist as Expert Witness - Theodore Blau, Ph.D., Continuing Education
1976-1977	California School of Professional Psychology (now Alliant University) Scholarship and Work-Study Program Teaching Assistant, Advanced Psychological Assessment
1973	California School of Professional Psychology, Scholarship (now Alliant University)
1973-1977	National Direct Student Loan (NDSL) and Federally Insured Student Loan (FISL)
1974-1975	California School of Professional Psychology (now Alliant University) Scholarship Work-Study Program Student Assistant for the Growth Series Teaching Assistant, Developmental Psychology
1973-1975	Standard Teaching Certificate, Elementary 101, K-9, State of California
1972-1973	Outstanding Volunteer Contribution, New Jersey State Diagnostic Center, Menlo Park, NJ
1972	Elementary Teaching Certificate, K-6, State of New Jersey
1969-1970	Pacific Oaks College, Research Fellowship
1969, 1973, 1975	Children’s Center Teaching and Supervision Certificate, State of California
1969	Pacific Oaks College, Teaching Fellowship
1968-1970	Pacific Oaks College, Work-Study Program
1966-1968	Ohio State University, School of Education, Bland L. Stradley Scholarship
1966-1970	New Jersey State Scholarship
1965	Girls State Representative, Metuchen High School, Metuchen, NJ

**SEMINARS, WORKSHOPS, LECTURES, STUDY, AND ASSOCIATION WITH OUTSTANDING
PSYCHOTHERAPISTS, PSYCHOLOGISTS, AND PSYCHIATRISTS**

Leonard Goodstein, Ph.D. – Former CEO of the American Psychological Association – Reviews of My Two Books and of my being a TV and Radio Show Talk Show Host and Advice Commentator
 Theodore Blau, Ph.D., “The Psychologist as Expert Witness”, Continuing Education Seminar, San Diego, CA,
 Miriam Polster, Ph.D. – Personality Development in Literature, Independent Study, Semester Long, C.S.P.P., (now Alliant University), San Diego, CA
 Louis Gluck, M.D., Internship, University Hospital, Neonatology ICU, University of California, San Diego, CA
 Charlotte White, Ph.D., University Hospital, Neonatology ICU, University of California, San Diego, CA
 Carl Rogers, Ph.D. – Psychotherapy Seminar at C.S.P.P. and leading seminars and workshops on Assertiveness Training, Stress Management, Time Management, and Consciousness Raising at the Center for the Study of the Person, La Jolla, CA
 Elizabeth Kubler Ross, M.D. – Seminar on Death and Dying, San Diego, CA
 Harold Bessell, Ph.D. – Psychological Assistant, Pre-Doctoral and Post Doctoral Licensing Hours, 1975-1978
 Robert D. Hess, Ph.D. – Research Assistant, National Evaluation of Head Start, Stanford University, Summer 1969
 Eric Berne, Ph.D. – “Games People Play” Workshop, Pacific Oaks College, Pasadena, CA, 1969

LISTINGS AND MEMBERSHIPS, PAST AND PRESENT

Mensa International, 1979

American Psychological Association

American Association of Marriage and Family Therapists

California Association of Marriage and Family Therapists

National Board for Certified Counselors, 1987

Outstanding Young Women of America, 1979

The Dictionary of International Biography, 1976 and 1980

The International Authors and Writers Who's Who

Who's Who in the West, 1979 and 1980

Who's Who in California, 1981

Who's Who Among San Diego Women

The World's Who's Who of Intellectuals

The World's Who's Who of Women

The World's Who's Who of Human Services Professionals, 1987

Who's Who of Young American Professionals, 1988

Who's Who of La Jolla, 1988

Writers Guild of America, West, 1970

Women's Committee, Writers Guild of America, 1991

National Organization for Women

Film Society, Writers Guild of America

American Society of Composers, Authors, and Publishers (ASCAP)

American Federation of Television and Radio Artists (AFTRA)

Business and Professional Women's Club, Lake Placid NY

Bellevue Chamber of Commerce, Bellevue, WA, 1996

Winter Park Chamber of Commerce, Winter Park, FL, 2000-2005

Florida Motion Picture and Television Association, Orlando Chapter, Orlando, FL

United Film and Television Artists, Orlando, FL – Charter Member 2004-2007

VOLUNTEER WORK

The Golden Rule Foundation – Member – 2004 –Present
 The Golden Rule Foundation, Community Advisory Council Member, Maitland, FL: January 2005 – Present
 The Golden Rule Foundation, Community Advisory Council, Facilitator, Maitland, FL: January 2005 – 2007
 The Golden Rule Foundation, Community Advisory Council, Maitland, FL: March 2004 – Present
 The Bridge Foundation, Vice President of the Board of Directors, Co-Founder and Charter Member, Apopka, FL
 Winter Park Public Library, Winter Park, FL: Seminar Series, Fall 2000-2004
 University High School, Orlando, FL: Mentor Program
 Harbor House, Orange County Center Against Domestic Violence, Orlando, FL: Speaker's Bureau, July 2000-2007
 Julian Street Inn, San Jose, CA: July 1999, Food Server at Homeless Shelter
 Odyssey Theater, Los Angeles, CA: March 1999, Usher, Clerical Support, and Phone Contacts
 Horses in the Hood, Los Angeles, CA: Consultant, November 1997, Director and Founder, Kathy Kusner
 WMFE Radio and Television Pledge Drives, PBS and NPR Station, Orlando FL: 1996- 2005
 Women in Communications, Seattle, WA: Matrix Convention, Speaker Chairperson
 Women's Business Exchange, Seattle, WA: Table Leaders Committee, Assistant to the Chairperson
 Women's Business Owners, Seattle, WA: Speakers Committee, Member; Hospitality Committee, Chairperson
 Bellevue High School, Bellevue, WA: Mentor Program
 Lake Placid High School, Lake Placid, NY: Mentor Program, Coordinator, Dean Dietrich
 PBS Series, "Healing and the Mind with Bill Moyers," Adirondack Medical Center, Saranac Lake, NY: Group Leader, February 1993
 The Getaway Youth Center, Saranac Lake, NY: Group Facilitator
 Lake Placid Public Library, Lake Placid, NY and Saranac Lake Free Library: Children's Weekly Story Hour, Reader
 WCFE Pledge Drive, PBS Station, Plattsburgh, NY: December 1992, January 1993, March 1993
 Women's Committee, Writers Guild of America, West, Los Angeles, CA: June 1991-September 1992
 Women's Filmmakers' Program, Publicity Sub-Committee, Member; Fund-Raising Sub-Committee, Member
 SAG/WGA Direct Access Program, Hospitality Sub-Committee, Co-Chairwoman
 KCET Pledge Drive, PBS Station, Los Angeles, CA: August 1992, March 1992
 Cocaine Hot Line, San Diego, CA: Coordinator and Volunteer May 1986-September 1986
 Love and Sex Addiction Hot Line, San Diego, CA: Coordinator and Volunteer May 1986-September 1986
 The Difference-Makers, San Diego, CA: Consultant, 1985-1986, Director, Helice Bridges
 Strong on Self-Defense, San Diego, CA: Consultant, Fall 1986, Director, Sandy Strong
 La Jolla High School, La Jolla, CA: Mentor Program, School Years 1984-1985 & 1983-1984, Coordinator, Peggy Harmon
 Werner Erhard and Associates, San Diego Area Center, San Diego, CA: On-Call Therapist for Trainings and Six Day, 1980 -1989
 New Jersey State Diagnostic Center, Menlo Park, NJ: Award for Outstanding Volunteer Contribution, 1972-1973
 John F. Kennedy Hospital, Edison, NJ: Bookmobile Worker, 1971
 Foothill Free Clinic, Pasadena, CA: Receptionist, 1970
 Unitarian Church, Columbus, OH: Big Sister Program, 1966-1967

PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS

eBossWatch.com, Column, "Difficult Bosses –Column #34 – "Robert the Rule Monger," March 28, 2013
<http://blog.ebosswatch.com/2011/11/coping-with-a-toxic-boss-Robert-the-Rule-Monger/>

Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day
 Business and Communication Self-Help Book, Prah Publishers, Czech Republic, Publication, April 2012,

eBossWatch.com, Column, "Difficult Bosses –Column #33 – "Christine the Cruel," April 22, 2012
<http://blog.eBossWatch.com /2011/11/coping-with-a-toxic-boss-hy-the-hider/>

eBossWatch.com, Column, "Difficult Bosses –Column #32 – "Hy the Hider," November 18, 2011
<http://blog.eBossWatch.com /2011/11/coping-with-a-toxic-boss-hy-the-hider/>

eBossWatch.com, Column, "Difficult Bosses –Column #31 – "Eric the Erratic One," October 21, 2011
<http://blog.eBossWatch.com /2011/10/coping-with-a-toxic-boss-eric-the-erratic-one/>

eBossWatch.com, Column, "Difficult Bosses –Column #30 – "Winnie the Whiner," October 04, 2011
<http://blog.eBossWatch.com /2011/10/coping-with-a-toxic-boss-winnie-the-whiner/>

eBossWatch.com, Column, "Difficult Bosses –Column #29 – "Blaine the Blamer," September 14, 2011
<http://blog.eBossWatch.com /2011/09/coping-with-a-toxic-boss-blaine-the-blamer/>

eBossWatch.com, Column, "Difficult Bosses –Column #28 – "Sandy the Snob,"
<http://blog.eBossWatch.com /2011/08/coping-with-a-toxic-boss-sandy-the-snob/>

eBossWatch.com, Column, "Difficult Bosses –Column #27 – "Ellery the Yeller," April 30, 2011
<http://blog.eBossWatch.com /2011/04/coping-with-a-toxic-boss-ellery-the-yeller/>

eBossWatch.com, Column, "Difficult Bosses –Column #26 – "Dan the Detail Boss," April 15, 2011
<http://blog.eBossWatch.com /2011/03/coping-with-a-toxic-boss-dan-the-detail-boss/>

eBossWatch.com, Column, "Difficult Bosses –Column #25 – "Bill the Big Picture Boss," April 1, 2011
<http://blog.eBossWatch.com /2011/03/coping-with-a-toxic-boss-bill-the-detail-boss/>

eBossWatch.com, Column, "Difficult Bosses –Column #24 – "Peter the Pig," March 18, 2011
<http://blog.eBossWatch.com /2010/10/coping-with-a-toxic-boss-peter-the-pig-axe/>

eBossWatch.com, Column, "Difficult Bosses –Column #23 – "Phoebe the Phony," March 04, 2011
<http://blog.eBossWatch.com /2010/10/coping-with-a-toxic-boss-betty-the-battle-axe/>

eBossWatch.com, Column, "Difficult Bosses –Column #22 – "Betty the Battle Axe," February 11, 2011
<http://blog.eBossWatch.com /2010/10/coping-with-a-toxic-boss-betty-the-battle-axe/>

eBossWatch.com, Column, "Difficult Bosses –Column #21 – "Wade the One Upper," January 27, 2011
<http://blog.eBossWatch.com /2010/10/coping-with-a-toxic-boss-wade-the-oneupper/>

eBossWatch.com, Column, "Difficult Bosses –Column #20 – "Michael the Micromanager," January 06, 2011
<http://blog.eBossWatch.com /2010/10/coping-with-a-toxic-boss-michael-the-micromanager/>

eBossWatch.com, Column, "Difficult Bosses –Column #19 – "Porter the Political Soap Boxer," October 16, 2010
<http://blog.eBossWatch.com /2010/10/coping-with-a-toxic-boss-porter-the-political-soap-boxer/>

eBossWatch.com, Column, "Difficult Bosses –Column #18 – "Sal the Slave Driver," September 27, 2010
<http://blog.eBossWatch.com /2010/09/coping-with-a-toxic-boss-sal-the-slave-driver/>

eBossWatch.com, Column, "Difficult Bosses –Column #17 – "Ned the Negligent," September 10, 2010
<http://blog.eBossWatch.com /2010/09/coping-with-a-toxic-boss-ned-the-negligent-boss/>

PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)

- eBossWatch.com, Column, "Difficult Bosses –Column #16 "Phil the Philanderer," August 27, 2010
<http://blog.eBossWatch.com /2010/08/coping-with-a-toxic-boss-phil-the-philanderer-when-you-have-to-cover-for-your-boss-affair/>
- eBossWatch.com, Column, "Difficult Bosses –Column #15 – "Cynthia the Silent Treatment Torturer," August 13, 2010
<http://blog.eBossWatch.com /2010/08/coping-with-a-toxic-boss-cynthia-the-silent-treatment-torturer>
- eBossWatch.com, Column, "Difficult Bosses –Column #14 – "Bobby the Boss's Relative," July 30, 2010
<http://blog.eBossWatch.com /2010/07/coping-with-a-toxic-boss-bobby-the-boss-relative>
- eBossWatch.com, Column, "Difficult Bosses –Column #13 –"Vernon the Verbal Abuser" July 16, 2010
<http://blog.eBossWatch.com /2010/07/coping-with-a-toxic-boss-vernon-the-verbal-attacker>
- eBossWatch.com, Column, "Difficult Bosses –Column #12 – "Donald the Deal Maker," July 02, 2010
<http://blog.eBossWatch.com /2010/07/coping-with-a-toxic-boss-donald-the-deal-maker>
- eBossWatch.com, Column, "Difficult Bosses –Column #11 – "Nancy the Narcissist," June 18, 2010
<http://blog.eBossWatch.com /2010/06/coping-with-a-toxic-boss-nancy-the-narcissist>
- eBossWatch.com, Column, "Difficult Bosses –Column #10 – "Al the Alcoholic," June 06, 2010
<http://blog.eBossWatch.com /2010/06/coping-with-a-toxic-boss-al-the-alcoholic>
- eBossWatch.com, Column, "Difficult Bosses –Column #9 – "Ian the Idea Stealer," May 24, 2010
<http://blog.eBossWatch.com /2010/03/coping-with-a-toxic-boss-ian-the-idea-stealer>
- eBossWatch.com, Column, "Difficult Bosses –Column #8 – "Susie the Sugar Coater," May 07, 2010
<http://blog.eBossWatch.com /2010/03/coping-with-a-toxic-boss-susie-the-sugar-coater/>
- eBossWatch.com, Column, "Difficult Bosses –Column #7 – "Greta the Gossip," April 16, 2010
<http://blog.eBossWatch.com /2010/04/coping-with-a-toxic-boss-greta-the-gossip>
- eBossWatch.com, Column, "Difficult Bosses –Column #6 – "Clayton the Clueless," April 05, 2010
<http://blog.eBossWatch.com /2010/03/coping-with-a-toxic-boss-clayton-the-clueless>
- eBossWatch.com, Column, "Difficult Bosses –Column #5 – "Paula the Passive-Aggressive," March 19, 2010
<http://blog.eBossWatch.com /2010/03/coping-with-a-toxic-boss-paula-the-passive-aggressive>
- eBossWatch.com, Column, "Difficult Bosses –Column #4 – "Carl the Control Freak," March 05, 2010
<http://blog.eBossWatch.com /2010/03/coping-with-a-toxic-boss-carl-the-control-freak>
- Advance for Audiologist, Assertiveness Techniques That Give You Power: Use These Techniques to Bring About Win/Win Solutions When Correcting Faulty Job Performance, Merion Publications, February 2010
<http://audiology.advanceweb.com/editorial/content/editorial.aspx?cc=215332>
- Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, Business and Communication Self-Help Book, McGraw-Hill Publishers, Publication Date: February 19, 2010
- eBossWatch.com, Column, "Difficult Bosses –Column #3 – "Sewell the Sexual Harasser," February 19, 2010
<http://blog.eBossWatch.com /2010/02/coping-with-a-toxic-boss-sewell-the-sexual-harasser>
- Recharger Magazine, "Assertiveness Techniques For Managers: Simple Steps Lead to Positive Dialogue, Positive Results," Page 58, February 2010
- Advance for Audiologists, Assertiveness Techniques That Give You Power: Use These Techniques to Bring About Win/Win Solutions When Correcting Faulty Job Performance, Merion Publications, February 2010
<http://audiology.advanceweb.com/editorial/content/editorial.aspx?cc=215332>

PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)

eBossWatch.com, Column, "Difficult Bosses – Column #2 – "Bahia the Back-Stabber," January 29, 2010

<http://blog.eBossWatch.com /2010/01/coping-with-a-toxic-boss-the-back-stabber/>

Leadership Excellence Magazine, January 2010

Tri-Cities Area Journal of Business, "Assertive Techniques Can Help Clear Communication Cloudiness," January 2010

Pages 30 and 32; <http://www.tricitybusinessnews.com/current-issue/>

eBossWatch.com, Column, "Difficult Bosses – Column #1 – 'Dick the Dictator', January 15, 2010

<http://blog.eBossWatch.com /2010/01/coping-with-a-toxic-boss-dick-the-dictator/>

My Article Archive, "Assertiveness Techniques That Give You Power and How to Stand Up for Yourself," December 22, 2009

<http://www.myarticlearchive.com/articles/9/294.htm>

Exchange Magazine for Business/Economic Development/Entrepreneurs, "Assertiveness Techniques That Give You Power and How to Stand Up for Yourself," December 16, 2009

<http://www.exchangemagazine.com/morningpost/2009/week51/Wednesday/121609.htm>

Pacific Business News, Honolulu, HI, *In My Opinion*, "Maybe This Is Why You're Not Getting That Promotion," June 6, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Teamwork Essential When Facing Cutbacks in Staff,"

April 25, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Don't Let Frugality Poison Your Workplace," April 18, 2008

Pacific Business News, Honolulu, HI, *In My Opinion*, "Gain Valuable Time By Managing Your Commute," April 4, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Want Results? Have Clear Benchmarks For Your Workplace Goals,"

April 4, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Good Will Begins With Paying Employees for Volunteer Work,"

March 20, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Toxic Workplace? Now's the Time to Find a Job You Can Love,"

February 29, 2008

Business First of Buffalo, Buffalo, NY: *The Doctor Is In*, "Healthy Employees and Higher Productivity," February 22, 2008

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Use Time Effectively Going To and From Work," February 22, 2008

Pacific Business News, Honolulu, HI, *In My Opinion*, "[Beware of These Pitfalls When Working From Home](#)," January 25, 2008

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PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)

- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Do the Polite, Right Thing: Return Emails and Phone Calls,” November 9, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/11/12/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Protect Yourself From Potential Harassment Encounters at Work,” November 2, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/11/05/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Take Immediate Action to Stop Sexual Harassment at Work,” October 26, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/10/29/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Stop Workplace Sexual Harassment or Get Sued for Millions,” October 19, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/10/22/smallb4.html>
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- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Family Business” August 17, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/08/20/smallb2.html>
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- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Make Stress Work for You” July 20, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/07/23/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “More Tips to Cope With Stress,” June 22, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/06/25/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Only You Have the Power to Control Stress Levels,” June 15, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/06/18/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Technology and Change – How to Sail in Troubled Waters,” May 25, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/05/28/smallb4.html>
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- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Don’t Let Procrastination Immobilize Your Business,” May 4, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/05/07/smallb4.html>
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- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Let The Arts Enrich Your Life," October 2002

PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)

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- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Creating Your Own 'I' Land," July/August 2002
- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "The Runner's High and the Athlete's Lows," May/June 2002
- Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Our Beauty and Our Beast Year," March/April 2002
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- Art and Understanding Magazine, Albany, NY: "Viewpoint - Black Plastic Cover," October 1999
- Art and Understanding Magazine, Albany, NY: "Viewpoint - The Final Curtain," May 1999
- Art and Understanding Magazine, Albany, NY: "Viewpoint - Youth-in-AIDS-ya," February 1999
- Art and Understanding Magazine, Albany, NY: "Viewpoint - Denial: It's Not a River in Egypt," January 1999
- Art and Understanding Magazine, Albany, NY: "Viewpoint - Better Late Than Never," June 1998
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- Holistic Health News, Seattle, WA: "Seasonal Affective Disorder," October 1994
- Holistic Health News, Seattle, WA: "What is Holistic Therapy?" September 1994
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- "Head Lines: Ask Dr. Durre'," Weekly Advice Columnist, Press-Republican, Plattsburgh, NY, January - December 1993
- "Head Lines: Ask Dr. Durre'," Weekly Advice Columnist, Press-Republican, Plattsburgh, NY, January - December 1993
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- Great Relationships™ for Singles: How to Manifest Them/How to Keep Them*. Book in progress
- Doctoral Dissertation: "Sexual Relationships Between Female Clients and Male Therapists." Unpublished dissertation. California School of Professional Psychology, San Diego, CA: July 1977. Registered with University Microfilms.
- An Activities Handbook for Teachers of Young Children*, by Robert D. Hess, Ph.D. and Doreen Croft, which accompanied their textbook, "Teachers of Young Children," published by Houghton-Mifflin in 1972. I wrote the chapter introductions.

PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)

San Gabriel Valley Alternative, Review of Vincent Van Gogh Exhibition at LACMA, "He Really Does Look Like Kirk Douglas," November, 1969

“HEAD LINES: ASK DR. DURRE” - ADVICE COLUMN, PRESS REPUBLICAN, PLATTSBURGH, NY	
Coping with Holiday Blues - Part 6: New Year's Resolutions	December 27, 1993
Coping with Holiday Blues - Part 5: Overeating and Drinking	December 20, 1993
Coping with Holiday Blues - Part 4: Depression and Suicide	December 13, 1993
Coping with Holiday Blues - Part 3: Losses and Deaths	December 6, 1993
Coping with Holiday Blues - Part 2: Divorced Families	November 29, 1993
Coping with Holiday Blues - Part 1: Unrealistic Expectations	November 22, 1993
Sexual Harassment - Part 8: The Supreme Court Decision; Harris vs. Forklift Systems	November 15, 1993
Sexual Harassment - Part 7: In Love with a Co-Worker or Boss?	November 8, 1993
Sexual Harassment - Part 6: Flirting is Never Harmless	November 1, 1993
Sexual Harassment - Part 5: Women Blame Themselves	October 25, 1993
Sexual Harassment - Part 4: The Sound and Intent	October 18, 1993
Sexual Harassment - Part 3: Looking It in the Eye	October 11, 1993
Sexual Harassment - Part 2: Don't Clam Up! Report It!	October 4, 1993
Sexual Harassment - Part 1: It's Against the Law	September 27, 1993
The Empty Nest Syndrome - Part 2: Worrying is Natural	September 20, 1993
The Empty Nest Syndrome - Part 1: Be Yourself Again	September 13, 1993
Changes in the Catholic Church	September 6, 1993
Accepting Each Other's Faults	August 30, 1993
It's Harder to Leave Than to Stay	August 23, 1993
Selecting a Mate	August 16, 1993
Don't Perpetuate Sexist Attitudes	August 9, 1993
Suicide Prevention	August 2, 1993
Find Work That You Love	July 26, 1993
Cheapness	July 12, 1993
Depression	July 5, 1993
Euthanasia	June 28, 1993
Domestic Violence - Part 2: Batterers Need Power and Control	June 14, 1993
Domestic Violence - Part 1: Victims Stay for Fear of Unknown	June 7, 1993
Gays in the Military - Part 2: Men Have Irrational Fears	May 31, 1993
Gays in the Military - Part 1: Men's Homophobia Begins Early	May 24, 1993
Driving Drunk with Children	May 17, 1993
Date Rape	May 10, 1993
Incest - Part 2: Where to Go	May 3, 1993
Incest - Part 1: It Crosses All Social Barriers	April 26, 1993
Envy, Gossip, and Rumors	April 12, 1993
Food Addiction	April 5, 1993
Alcoholism - Part 9: Recovery and the Twelve Steps	March 29, 1993
Alcoholism - Part 8: De-Tox and Rehabilitation Centers	March 22, 1993
Alcoholism - Part 7: Are You an Alcoholic? - A Quiz	March 15, 1993
Alcoholism - Part 6: Alcoholic Denial	March 8, 1993
Alcoholism - Part 5: Children of Alcoholics	March 1, 1993
Alcoholism - Part 4: Enablers and Co-Dependents	February 22, 1993
Alcoholism - Part 3: Doing an Intervention	February 15, 1993
Alcoholism - Part 2: Alcoholic Black-outs	February 8, 1993
Alcoholism - Part 1: Alcoholism and Addiction	February 1, 1993
Assertiveness	January 25, 1993
Letter from a Reader: "I Had a Child from an Affair"	January 18, 1993
Couples Should Be Listening to Each Other, and Telling the Truth	January 11, 1993

WORK EXPERIENCE**PSYCHOTHERAPIST, PRIVATE PRACTICE**

July 21, 1978-Present Individual counseling and psychotherapy with adults, adolescents and children; marriage, relationship, and couple counseling; family counseling; play therapy with children and adolescents; art therapy with adults, adolescents, and children; group counseling with adults, adolescents, and children; supervision of psychological assistant; undergraduate intern supervision

Dealing with: cognitive, emotional, physical, and behavioral changes; childhood and life trauma, life transitions, anxiety, depression, phobias, addictive behavior, drug and alcohol abuse and addiction, recovery, co-dependence, children of alcoholics, adult children of alcoholics, dysfunctional and abusive parents and families; career counseling and career changes, separation and divorce, women's issues, anger management, assertiveness training, consciousness raising, men's issues; loss, grief, and mourning; death and dying, dream interpretation, journal writing, interpersonal communication skills, stress management, decision making, guided imagery and creative visualization, health and well being, weight gain and loss, eating disorders, sexuality, gay issues, gender dysfunction, sex discrimination, sexual abuse, sexual harassment, rape, incest; child neglect, abuse and molestation; childhood sexual abuse, family dynamics, child rearing, school adjustment, parent education, relocation, spousal abuse and domestic violence, self confidence, self concept, self-esteem, and self-image; values, ethics, morals, and spirituality issues.

BUSINESS AND CORPORATE CONSULTATION

July 1977-Present Consultation with Fortune 500 companies, corporations, businesses, agencies, organizations, offices, small businesses, non-profit organizations, professional and trade associations, groups, and clubs, dealing with customer service training, productivity levels, motivation, job satisfaction, absenteeism, time efficiency, sexual harassment, sex discrimination, diversity training, stress management, fund raising, income production, corporate expansion, product viability, conflict resolution, high turnover rates, task efficiency, office morale, personality conflicts, turf wars, interpersonal communication skills, personnel problems, employee benefits, decision making, creative problem solving, policy and procedures, child care, through team building, task forces, large and small group training and counseling, education seminars, individual counseling and study groups, with members of the boards of directors, advisory boards, presidents, executives, founders, owners, upper and middle management, advisors, administrative staff, and employees.

PROFESSIONAL CONSULTATION

July 1977-Present Consultation for and with individual clients in corporations, businesses, companies, organizations, offices, non-profit organizations, educational systems, legal, law enforcement, and correctional systems, medical and hospital settings on interpersonal communication, achievement, success, motivation, dealing with difficult people, assertiveness training, stress, incapacity and productivity

July 1977-Present Consultation for and with individual clients and companies for media, acting, screenplay writing, TV and film production, writing, newspaper and magazine columns, public relations, book promotion and publicity, Internet publicity, media marketing

EXPERT WITNESS & CONSULTANT TO ATTORNEYS AND LEGAL SYSTEMS

July 1977-Present Applying thirty-seven years of research and expertise in the area of sexual abuse in therapy by psychotherapists, psychiatrists, psychologists, social workers, counselors, ministers, priests, rabbis, and other mental health professionals. Testifying across the U.S. in a variety of civil cases.

Working with law firms, state licensing boards, state governments, state legislatures, and judicial systems across the country as consultant and as an expert witness, involving cases against psychotherapists accused of sexual abuse of their clients; working both in the prosecution of such cases, and in the formulation of proposed legislation.

Consultation to attorneys and plaintiffs, research, supplying bibliographies, giving depositions and expert witness testimony, and education of and consultation to therapists and other experts.

Other expert witness and case consultation includes divorce, relocation, child custody, disability, emotional distress, rape, sexual harassment, sex discrimination, personal injury, psychological and psychiatric malpractice. Qualified in six states as an expert witness – GA, CA, WA, AR, CT, FL

FIELD PLACEMENT AND INTERNSHIP SUPERVISOR

- September 2012-Present Supervising a student from Full Sail University, Winter Park, FL, in film, with assignments about cinematography, and networking him with cinematographers, producers, filmmakers, and directors, at Full Sail, in Los Angeles, CA, Florida, and nationally.
- August 2002–Present Supervising students from University of Central Florida, with an interest in psychology, tutorial in Developmental Psychology, overseeing their field placements hours and observation hours in infant centers, day care centers, private nursery schools, kindergarten, elementary schools, middle schools, and high schools; psychiatric hospitals, and Lakeside Alternatives; weekly meetings.
- January 5, 2002-2010 Supervising undergraduate students from the University of Central Florida, majoring in marketing, journalism, and digital media. Projects ranged from collating press kits, making cold calls to community agencies, business associations, clubs, and companies; lining up speeches, sending out children's books to children's books agents, doing Internet research, organizing and alphabetizing mailing labels, data entry, PowerPoint presentations, generating marketing ideas for sponsors, topics, and guests for my TV and radio shows; editing & developing flyers and brochures, attendance at weekly staff meetings.
- September 2005-May 2009 Supervising students from Valencia Community College, with interests in media, film, marketing, computer graphics, digital media, communications, psychology, education, business, journalism, TV, radio, publicity, marketing, and public relations.
- August 2005-December 2005 Supervising a student from the Connecticut School of Broadcasting in Tampa, Florida, in the field of digital media with interests in media, film, TV, radio, editing, and communications, working on editing for my various media projects and doing Internet research for my various media projects.
- January 5, 2001-2006 Supervising students from Winter Park Tech. Duties include filing, organizing, collating, press kits, clerical and office skills, receptionist duties, communication skills, appearance, proper office behavior and etiquette.
- April–May 2006 Supervising a student from Valencia Community College, with an interest in psychology, tutorial in Developmental Psychology, overseeing their field placements hours and observation hours in infant centers, day care centers, private nursery schools, kindergarten, elementary schools, junior high schools, and high schools.
- July 31, 2003-December 12, 2003 Supervising a senior from the University of Central Florida, majoring in psychology with an interest in film. Discussing options for his career, including private practice, working with clients in clinical settings, scriptwriting, directing, producing, casting, and studying films and character development, all from a psychological perspective.
- Fall 2002-Spring 2004 Supervising a senior at Rollins College, majoring in psychology at a field placement at Lakeside Alternatives, a community agency for both in patients and out patients in a clinical setting, with individual therapy, large and small group therapy, intake procedures, for drug and alcohol rehabilitation, for temporary Baker Acted clients, rehabilitation groups, special interest groups, report writing, and psychodiagnostic testing.

MEDIA GUEST AND COMMENTATOR

- 1975- Present Guest appearances on hundreds of national, regional and local television and radio shows, and interviewee in national and local newspapers, newsletters, e-zines, and magazines discussing a variety of topics: relationships, communication, marriage counseling, sexuality, A.D.D., ADHD, post-partum depression, manic depression, anxiety, phobias, depression, visualization, goal setting, risk taking, networking, stress management, time management, health, overcoming failure, fear of success, conquering addictions, 12 Step Programs, drug and alcohol recovery, career changes, life transitions, confronting sexual harassment and discrimination, teenagers, war, and terrorism.

MEDIA GUEST AND COMMENTATOR (continued)

- 1975-Present Appearances include Oprah, 60 Minutes, The O'Reilly Factor, Good Morning America, The Today Show, Canada AM, The Home and Family Show, AM LA, Hour Magazine, The Home Show, The Daily Buzz; Canada AM, ESPN Radio, and the local and/or national news shows on NBC, ABC, CBS, PBS, NPR, Fox News and CW. Appearances on local Orlando TV and/or radio stations: Central Florida News 13, WESH, WOFL, WFTV, WKMG, WMFE, WDBO, Clear Channel, and WEUS.
- May 2005-Feb 2006 Weekly psychotherapist on "The Daily Buzz" for nine months discussing contemporary issues.

TELEVISION AND RADIO TALK SHOW HOST AND PRODUCER/CO-PRODUCER

- September 8, 2009-
July 01, 2010 Host and producer of "The Linnda Durre' Show" on 810 AM WEUS in Orlando, Florida, leased and operated by Communicom Corporation, Inc., Denver, CO. from September 08, 2009 to February 08, 2010 and then owned and operated by BIG 810 AM and owner Carl Como Tutera from February 09, 2010 to July 01, 2010. Daily, hour-long, live call-in talk and interview show, featuring celebrities and people of note. Guests included Oscar, Emmy and Golden Globe winner, Louis Gossett Jr.; 7 Emmy and 5 time Golden Globe winner, Edward Asner; film producer Michael Medavoy, Tony winning Broadway producer, Hillard Elkins; Ruben Studdard, American Idol winner; singer/songwriter Peter Cetera; 15 time Grammy winner David Foster; country legend Lynn Anderson; comedians Colin Mochrie, Rich Natole, and Elon Gold; actors Lydia Cornell, Cynthia Morgan, Paul Petersen, Devin Oatway, Doug Davidson; athletes Arnold Palmer, Earl "The Pearl" Monroe; coaches Jay Gruder and Lou Comeau; musicians Kenny G., Ottmar Leibert, and bands Mirror Pal, Colourslide, Built to Be Broken, Four Year Strong, Underwhelmed.
- July 1, 2003-
September 23, 2003 Host and producer of "Personal Success Hotline with Dr. Durre'," WCEU, Channel 15, PBS Affiliate, Daytona Beach, Florida. Weekly series for seven weeks discussing all aspects of success: planning, vision, goal setting, drive, ambition, visualization, commitment to excellence, risk taking, ethics, communication skills, networking, handling stress, optimum health, achieving balance, overcoming obstacles and failures, conquering addictions and bad habits, career changes, confronting harassment and discrimination, financial success, positive mental attitude, and success as a lifestyle. Interviewing guests on the show as well as taking calls from listeners.
- September 9, 2000-
January 6, 2001 Host and co-producer of "The Dr. Linnda Durre' Show" on News Talk 580 AM WDBO Radio in Orlando, Florida, owned and operated by Cox Communications. Weekly, hour-long, live call-in talk and advice show, dealing with calls from listeners on a variety of psychological topics: marriage, in-laws, children, teenagers, family, sex, communication, work, neighbors, motivation, depression, anxiety, bipolar disorder, drug and alcohol abuse and addiction, rehab, relationships, school performance, anger management, stress reduction, time efficiency, assertiveness, dealing with bullies at school, test taking, college preparation, vocational choices, health, etc.
- July 2000-January 2001 Substitute host for "The Bob Rose Show" and "Birdsong" on News Talk 580 AM WDBO Radio in Orlando, Florida, when regular hosts were on vacation, ill, or had other commitments.
- March 1996-March 1997 Host and co-producer of "Ask The Family Therapist" on America's Health Network (AHN), which was associated with Mayo Clinic and which aired from Universal Studios, Orlando. It was a two-hour, live call-in talk show, presenting a variety of topics on mental health, psychology, and contemporary issues. I interviewed guests, answered questions from a national call-in audience, and researched sources. Some shows featured guests and experts, some did not. Working with producers and associate producers in researching issues. I was selected in a national search from 200 applicants. AHN was owned by A.H. Belo and was associated with Mayo Clinic and IVI Publishing, before being sold to Fox and then Discovery Health.
- April 1993-April 1994 Host and co-producer of "Let's Talk with Dr. Linnda Durre'" on WCFE-FM, the NPR affiliate in Plattsburgh, NY. Weekly hour long, live, call-in talk and interview show, on a variety of topics.
- July-October 1989 Host for the pilot of "Meet Your Match," produced by Jacalone and Bunzel Productions.
- May 1986 Pilot finalist for "Good Advice," a television call-in, advice show, produced by Andy Friendly.

AUTHOR, WRITER, AND NEWSPAPER, ONLINE, E-ZINE, AND MAGAZINE COLUMNIST (see Publications)

- 1967 – Present Writing newspaper columns and articles, novels, self-help books, poems, newsletters, books, interviews, celebrity profiles, humor articles, and newspaper, magazine, web, and e-zine columns, screenplays, TV scripts, MOW's, cable movies, TV series. Sold a TV series to Aaron Spelling in 1970, admitted to Writers Guild of America, written and hosted for the Disney Channel.
- Books include: *Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, Business and Communication Self-Help Book, McGraw-Hill Publishers, Publication Date: February 19, 2010. Available on Amazon, Barnes and Noble, Nook, Kindle, and McGraw Hill websites.
- Great Relationships™ Manual: A Guide To Share Yourself With Your Partner*, We Publish Books, Rancho Mirage, CA, December 2005. Available on Amazon.

MOTIVATIONAL SPEAKER, SEMINAR LEADER, AND TEACHER

- July 1978-Present Giving speeches, workshops, seminars, and classes to a variety of groups, organizations, associations, corporations, businesses, professional groups, schools, colleges, universities, and non-profit agencies concerning positive thinking, optimum mental health, communication, visualization and manifestation techniques, prosperity consciousness, success motivation, domestic violence, child abuse, interpersonal communication skills, family dynamics, setting limits, dealing with teenagers, assertiveness training, stress management, time efficiency, anger management, and a variety of other topics.

TRAINING GROUPS

- July 1978-May 1997 Group training and course work on individual, couple, family, and group counseling techniques for MFCC interns to qualify for licensure training hours.

ADJUNCT OR ASSOCIATE OR ASSISTANT PROFESSOR OF PSYCHOLOGY

- Spring 2005 Adjunct Professor of Developmental Psychology at Seminole Community College, Lake Mary, FL
- Spring 2003 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL
- Fall 2002 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL
- Spring 2002 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL
- Fall 2001 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL
- Spring 2001 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL
- Fall 2000-August 2001 Assistant Professor of Psychology, Sociology, and Critical Thinking at DeVry, Orlando, FL
- Summer 2000 Adjunct Professor of two courses, Life Span Development and Life Transitions, Rollins College, Winter Park, FL
- January 1997 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL
This is a course I designed, dealing with all psychological and aging transitions, including: childbirth, adolescence, college, leaving home, marriage, mid-life crisis, empty nest syndrome, separation, divorce, coming out gay, religious conversion, retirement, terminal illness, widowhood, dying, and death, among other topics.
- August 1996-December 1996 Adjunct Professor of Developmental Psychology at Valencia Community College, that included pre-requisite of General Psychology, Orlando, Florida. Designed to survey theory and research on development from conception through death. Emphasized biological and social variables, which influence human behavior.

GREAT RELATIONSHIPS™ WORKSHOPS

April 2000-Present Workshops for couples on interpersonal and family psychodynamics, reviewing and assessing former relationships, communication techniques, how to process clearly and directly, conflict resolution, agreeing to disagree, assessing compatibility, learning acceptance, describing qualities of highly successful relationships; evaluation of individual, family, parental, mate, and couple strengths and weakness. Trademark granted 1995.

July 1978-May 1997

Workshops for singles on interpersonal and family psychodynamics, reviewing and assessing former relationships, describing qualities of highly successful relationships, seeking better selection criteria; evaluation of individual, family, parental and former mate strengths and weaknesses; visualization and manifestation techniques. Trademark for workshops granted in 1995. Book trademark granted 2004.

SPORTS PERFORMANCE CONSULTATION

July 1978-Present

Working with professional and amateur athletes and weekend aspirants concerning peak performance, identifying and eliminating negative messages from parents, teachers, coaches, siblings, family, and others; positive thinking, optimum mental health, communication, visualization and manifestation techniques, self-discipline, reward strategies, meditation, relaxation, and success motivation. Working with teams on cooperation, team spirit, racial harmony, acceptance, healthy competition, inspiring each other, pressure, and having a spiritual base for life. Working with families of athletes on coping with sudden wealth and fame, handling the media, critics, fans, hangers on, stalkers, temptations, groupies; drug and alcohol abuse and addiction, stress, and co-dependence.

COLLEGE INSTRUCTOR

1993-1994

Teaching life skills courses on assertiveness training, couples communication, changing careers, decision-making, stress management, and getting organized, at North Country Community College, Saranac Lake, NY.

EXECUTIVE RECRUITER

January 2000- Present

Working with Janus Recruiting to find suitable candidates for a various of executive positions, through entry level positions, in industry, hospitality, business, and other careers. Working with candidates, analyzing test results, reviewing resumes, coaching on interviewing, appearance, and professional image. Referring clients to Janus Recruiting for various positions as well as to work with them as an executive recruiter.

POST-GRADUATE WORK EXPERIENCE

GAY PARNELL, Ph.D., PSYCHOLOGIST

SAN DIEGO, CA

REGISTERED PSYCHOLOGICAL ASSISTANT

May 1979-October 1979

Completion of my post-doctoral hours towards licensing. Individual and group psychotherapy, marriage and couple counseling, family therapy, play therapy with children and adolescents,

February 1981-

psychodiagnostics, report writing, consultation, research, journal articles, professional writing, and

February 1983

and supervision.

HAROLD BESSELL, Ph.D., PSYCHOLOGIST

LA JOLLA, CA

REGISTERED PSYCHOLOGICAL ASSISTANT

August 1977-

Completion of my post-doctoral hours towards licensing. Individual and group psychotherapy,

January 1979

marriage and couple counseling, family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, consultation, and supervision.

GRADUATE WORK EXPERIENCE

[NOTE: Many of these positions held concurrently with other positions and with graduate studies.]

WESTERN INSTITUTE OF SAN DIEGO**SAN DIEGO, CA****PSYCHOLOGICAL INTERN**

January 1977-

July 1977

Individual and group psychotherapy with adults, adolescents, and children. Marriage, couple, and family counseling. Individual and group counseling with clients referred from the Drug Diversion Program and Probation Department. Community outreach, report writing, staff meetings. Supervision by Gary Lancaster, Ph.D., Licensed Psychologist; and Jeanne McAllister Priddy, Agency Director.

JUAREZ-LINCOLN ELEMENTARY SCHOOL**CHULA VISTA, CA****COMMUNITY AIDE**

November 1976-

December 1976

Emergency School Aid Act (ESAA). Community organization in initial establishment of community school: in-staff training, attending meetings and workshops, parent participation and education classes, career education for children and adults, coordination and supervision of volunteers. Supervision by Patricia Allen, Community Services Director; Nancy Belluci, M.A., School Psychologist; Joseph Cummings, Ph.D., Licensed Psychologist; and Fred Huntington, Ed.D., ESAA Coordinator.

JUAREZ-LINCOLN ELEMENTARY SCHOOL**CHULA VISTA, CA****PSYCHOLOGICAL INTERN**

January 1976-

July 1976

Individual and group psychotherapy and counseling with children, parents, and families. Classroom observation, intervention, consultation with teachers and staff. Facilitator of gifted children's affective programs, including classes. Individual, group, and family counseling, and parent participation programs for the gifted children's program. Supervision by Nancy Belluci, M.A., School Psychologist; Joseph Cummings, Ph.D., Licensed Psychologist; and Fred Huntington, Ed.D., ESAA Coordinator.

UNIVERSITY HOSPITAL**SAN DIEGO, CA****PSYCHOLOGICAL INTERN**

September 1975-

December 1975

Intensive care unit of pediatrics and neo-natology ward headed by Louis Gluck, M.D., working with high-risk infants and their parents. Follow up testing of premature and high-risk infants, developmental assessment administering Bayley Scales and other measures, report writing, parent counseling, medical rounds, lectures, and in-staff training in a multi-disciplinary environment of a university hospital. Supervision by Charlotte L. White, Ph.D., Program Director, and Leroy Kurlander, M.D., Child Psychiatrist.

HAROLD BESSELL, Ph.D., PSYCHOLOGIST**LA JOLLA, CA****REGISTERED PSYCHOLOGICAL ASSISTANT**

July 1975-

August 1975

Completion of my pre-doctoral hours towards licensing. Individual and group psychotherapy, marriage, relationship, and couple counseling; family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, record keeping, and consultation.

CENTER FOR THE STUDY OF THE PERSON – CARL ROGERS, Ph.D.**LA JOLLA, CA**

July 1975-August 1990

Conducting workshops and seminars on assertiveness training, consciousness raising, time management, stress management and other topic

**U.S. NAVAL DRUG REHABILITATION CENTER
NAVAL AIR STATION, MIRAMAR, SAN DIEGO, CA
NAVY PSYCHOLOGIST AND DRUG COUNSELOR**

January 1975- Full time employment and internship. Group and individual psychotherapy, psychological assessment, and in-take interviews, working with poly-drug abusers, mostly male, ages approximately 18-25. Working with Naval staff, CPOs, Navy officers, Navy psychologists, Navy drug counselors, and administration staff.

May 1975

Presentation of lectures for in-service training at both the Drug Rehabilitation Center and the Drug Counseling and Education School. Supervision by Lt. William Chalstrom, Navy Psychologist.

**TOWNHOUSE FOUNDATION
SANTEE, CA**

CONTRACT COUNSELOR / CONSULTANT

July 1974- Out-patient pilot program development and design for residential treatment home/center for emotionally disturbed adolescent boys. Supervision by James Schultz, Director; Richard Simpson, Executive Director; Dennis Holman, Site Supervisor; and Susan Klitzer, Site Supervisor.

December 1974

**TOWNHOUSE FOUNDATION
SANTEE, CA
COUNSELOR**

July 1974- Residential treatment home/center for emotionally disturbed adolescent boys. Individual and group psychotherapy, family therapy, crisis counseling, planning and supervision of activities, art therapy teacher and coordinator, and staff meetings. Supervision by James Schultz, Director; Richard Simpson, Executive Director; Dennis Holman, Site Supervisor; and Susan Klitzer, Site Supervisor.

December 1974

**YMCA, HUMAN DEVELOPMENT DEPARTMENT
SAN DIEGO, CA
CONTRACT COUNSELOR**

June 1974- Individual and group counseling with clients referred through the California Youth Authority, who were on probation. Drug and alcohol counseling. In-service training, and supervision by David Chamberlain, Ph.D., Licensed Psychologist; Breffni Barrett, Ph.D., Agency Director; and Eliot Weinstein, Ph.D.

December 1974

**CENTER FOR WOMEN'S SERVICES AND STUDIES
SAN DIEGO, CA
TRAINEE**

June 1974- Eight-week training course in feminist counseling, including rape, problem pregnancy, birth control, family planning, and consciousness raising. Supervision and instruction by Laurie McKenzie, Coordinator, Counseling Services and Training.

September 1974

**SAN DIEGO COUNTY JAIL, WOMEN'S SECTION
SHERIFF'S DEPARTMENT, SAN DIEGO, CA
PSYCHOLOGICAL TRAINEE**

April 1974- Individual and group counseling, multi-media art therapy workshops, psychological testing, and counseling with female inmates, sentenced and unsentenced for county, state, and federal offenses. Supervision by Quincy White, M.A., Counseling Director.

August 1974

**SOUTHWOOD MENTAL HEALTH CENTER
CHULA VISTA, CA
ON-CALL PSYCHIATRIC AIDE**

February 1974- Private mental hospital, working with adults and adolescents; counseling, staffing, charting, supervision of activities, occupational and recreational therapy. Supervision by staff.

June 1974

**U.S. NAVAL DRUG REHABILITATION CENTER
NAVAL AIR STATION, MIRAMAR, SAN DIEGO, CA
PSYCHOLOGICAL TRAINEE**

January 1974- Internship. Individual and group counseling, attendance at staff meetings and seminars, some
April 1974 psychological testing, working with poly-drug abusers, mostly male, ages 18-25. Supervision by
Lt. William Chalstrom, Navy Psychologist.

**MILDRED HAGAN TUTORING SERVICE
LA JOLLA, CA
PRIVATE TUTOR**

September 1973- Working with elementary and junior high school students in a variety of subjects: English,
April 1974 spelling, math, reading, testing skills, memory training, proficiency tests, and self-esteem building.

**POST-CREDENTIAL WORK EXPERIENCE
SCOTCH PLAINS-FANWOOD BOARD OF EDUCATION
SCOTCH PLAINS, NJ
FIRST GRADE TEACHER**

January 1972- Suburban public elementary school. Beginning by replacing out-going teacher on pregnancy leave
June 1973 and then having my own first grade class the following year. Supervision by Carl M. Kumpf,
Principal.

**NEW JERSEY STATE DIAGNOSTIC CENTER
MENLO PARK, NJ
VOLUNTEER ART TEACHER & ART THERAPIST**

December 1972- Multi-media art workshops, one evening a week, with emotionally disturbed children and
June 1973 adolescents, ages 8-18. Separate classes for males and females. Supervision by Morton Cullity,
Director of Recreation, and Jeffrey Berger, Ph.D., Staff Clinical Psychologist.

**WORK EXPERIENCE WHILE A STUDENT AT NEWARK STATE COLLEGE
CREATIVE NURSERY SCHOOL
HIGHLAND PARK, NJ
ASSISTANT TEACHER AND HEAD TEACHER**

September 1971- Nursery school teacher, five mornings a week, for two groups of four year olds (MWF and Tu Th)
January 1972 and head teacher for an afternoon group of four year olds (Tu Th). Supervision by Kathleen
Muller, Director.

**POST-BACCALAUREATE EXPERIENCE
GLENDALE ART FORUM
GLENDALE, CA
INSTRUCTOR AND PROGRAM COORDINATOR**

September 1970- Multi-media art classes for pre-schoolers and five to nine year olds. Working with markers, clay,
February 1971 crayons, pencils, paper, etc., for collage, sculpture, drawing, etc.

**CALIFORNIA INSTITUTE OF TECHNOLOGY
YMCA, WINNETT STUDENT CENTER
PASADENA, CA
GROUP FACILITATOR TRAINEE**

September 1970- Led groups of students from Cal Tech and other local area colleges. Staff meetings, reading,
February 1971 in-service trainings. Group supervision and training with on-staff psychologists, Nancy Beakel,
Ph.D. and Ian Hunter, Ph.D.

PASADENA HEAD START**PASADENA, CA****SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

June 1970- Working at various Head Start sites in Pasadena. Supervision by individual site directors and
 February 1971 Jean Walls, Director.

WORK EXPERIENCE WHILE A STUDENT AT PACIFIC OAKS COLLEGE**SIERRA MADRE COMMUNITY NURSERY SCHOOL****SIERRA MADRE, CA****SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

January 1970- Working with varied age groups in various classrooms, two year olds, three year olds, and four
 June 1970 year olds. Supervision by Lillian Burke, Director.

PASADENA WELL-BABY CLINIC**PASADENA, CA****PHYSICIAN'S ASSISTANT**

January 1970- Research project on non-verbal communication between mother and child(ren). Bi-lingual skills
 June 1970 used. Supervision by Joan Martin, R.N.

PACIFIC OAKS COLLEGE**PASADENA, CA****SENIOR PRACTICUM SUPERVISOR**

October 1969- Chosen as one of three senior students to observe and consult with new junior practicum
 June 1970 students. Group supervision with the coordinator. Supervision by Susan Garfinkle, Coordinator
 of Practicum Supervision.

PACIFIC OAKS COLLEGE**PASADENA, CA****RESEARCH FELLOW**

September 1969- Working with a Mexican-American family involving the parents in their children's and
 June 1970 grandchildren's learning, studying modes of communication, and doing further research in infant
 development. Supervision by Elizabeth J. Jones, Ph.D., Dean of Faculty and Director of Federal
 Project, "Involving Parents in Children's Learning."

PACIFIC OAKS COLLEGE**PASADENA, CA****SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

September 1969- Working with varied age groups in various classrooms. Supervision by individual head teachers
 June 1970 and Mary Pieters, Director of Children's School.

STANFORD UNIVERSITY**PALO ALTO, CA****IN ASSOCIATION WITH THE U.S. OFFICE OF EDUCATION, DEPARTMENT OF HEALTH, EDUCATION,
AND WELFARE; WASHINGTON, D.C.****RESEARCH ASSISTANT TO ROBERT HESS, PH.D.**

June 1969- Coding and tabulating over 3,000 protocols for the national evaluation of Head Start from selected
 September 1969 sites across the country. Also wrote parts of the chapter introductions to the supplementary
 teachers' manual, "An Activities Handbook for Teachers of Young Children," by Robert D. Hess,
 Ph.D., and Doreen Croft, which accompanied their textbook, *Teachers of Young Children*,
 published by Houghton-Mifflin in 1972.

SIERRA MADRE COMMUNITY NURSERY SCHOOL**SIERRA MADRE, CA****TEACHING FELLOWSHIP AS HEAD TEACHER**

February 1969- Specially selected as head teacher for Sierra Madre Cooperative Nursery School, teaching MWF
 June 1969 and Tu Th classes of four-year olds. Supervision of parent staff members and volunteers. Staff meetings, progress reports, curriculum development, parent conferences, and field trips. Supervision by Lillian Burke, School Director, and Polly McVickar, Pacific Oaks College Supervisor.

PASADENA HEAD START**PASADENA, CA****SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

January 1969- Working at various Head Start sites in Pasadena. Supervision by individual site directors and
 June 1970 Jean Walls, Director.

PACIFIC OAKS CHILDREN'S SCHOOL**PASADENA, CA****PRACTICUM STUDENT**

September 1968- Beginning as a junior, taking my first practicum in the kindergarten. Supervision by Molly
 January 1969 Scudder, head teacher.

AMERICAN FRIENDS SERVICE COMMITTEE**PASADENA, CA****CHILD CARE SUPERVISOR**

May 1968- Supervisor of child care for American Friends Service Committee retreats and religious
 June 1970 services.

PRE-PACIFIC OAKS COLLEGE WORK EXPERIENCE**THE MIDTOWN SCHOOL****LOS ANGELES, CA****TEACHING ASSISTANT**

June 1968- Working in a progressive nursery school in the Hollywood Hills in the four year old group, for the
 August 1968 summer session. Supervision by Molly Edmundson, head teacher.

CASA MONTESSORI**PASADENA, CA****DAY CARE COUNSELOR**

March 1967- In charge of after-school day care and also a part-time substitute teacher, at a private Montessori
 June 1967 school in Pasadena while attending UCLA. Supervision by staff.

RECREATION DEPARTMENT**BOROUGH OF METUCHEN****METUCHEN, NJ****PLAYGROUND COUNSELOR**

Summer 1967 In charge of crafts, athletics, swimming, etc., at two different sites for the summer parks program.
 Supervision by Joseph Germain, Director of Recreation.

MIDDLESEX COUNTY CAMP PROGRAM**ROOSEVELT PARK, NJ****CAMP COUNSELOR AND HEAD OF DRAMATICS DEPARTMENT**

Summer 1966 Summer camp for disadvantaged children, ages 6-13. Working with each cabin, presenting
 weekly plays and skits, and as a cabin counselor with my own cabin of six-year-olds.
 Supervision by John Fitzpatrick, Director, and senior staff members.