

# Linnda Durré, Ph.D.

## Curriculum Vitae

### OCCUPATIONS

Business and Corporate Consultant

Licensed Mental Health Counselor, Private Practice, State of Florida, April 2000, License #MH6058

Certified Clinical Intern Supervisor, DOH Provider #50-2109, State of Florida

Adjunct Professor of Psychology, Rollins College, Winter Park, Florida, 1997-2003

Adjunct Professor of Psychology, Seminole Community College, Sanford, Florida, Spring Semester 2005

Adjunct Professor of Psychology, Valencia Community College, Orlando, Florida, Fall Semester 1996

Field Placement Supervisor, Rollins College, Winter Park, Florida, 2003

Internship Supervisor, University of Central Florida, Orlando, Florida 2002-Present

Internship Supervisor, Valencia Community College, Orlando, Florida 2004-2009

Internship Supervisor, Winter Park Tech, Winter Park, Florida, 2002-2006

Internship Supervisor, Connecticut School of Broadcasting, Tampa, Florida, 2002-Present

Television and Radio Talk Show Host and Co-Producer

Media Guest and Commentator

Consultant to Attorneys, Judges, and State Legislatures

Expert Witness

Workshop and Seminar Leader

Motivational Speaker & Corporate Trainer

Career Consultant & Executive Recruiter

Sports Performance Consultant

Published Writer and Author

Internet, Newspaper, and Magazine Columnist

### EDUCATION

Ph.D. California School of Professional Psychology, San Diego, CA: Psychology, July 1977 (Now Alliant University)

M.A. California School of Professional Psychology, San Diego, CA: Psychology, August 1975 (Now Alliant University)

B.A. Pacific Oaks College, Pasadena, CA: Human Development, June 1970

### DOCTORAL DISSERTATION

"Sexual Relationships Between Female Clients and Male Therapists." Unpublished dissertation.

California School of Professional Psychology, San Diego, CA: July 1977. Registered with University Microfilms.

### DOCTORAL COMMITTEE MEMBER

"A Study of the Relationships Between Anxious Attachment, Ego Functioning, and Female Client's Vulnerability Toward Sexual Involvement With Their Male Therapists," Laurie Stone, California School of Professional Psychology, Los Angeles, CA: August 1980.

### DOCTORAL DISSERTATION READER

"Integrating Sex Therapy and Couple Therapy in the Treatment of Hypoactive Sexual Desire Disorder: An Attachment Based Approach," Cameron Gridley, California School of Professional Psychology, San Francisco, CA: May 2006

### BOARD OF DIRECTORS

The Bridge Foundation, Apopka, FL, June 2004 – Present, Charter Member and Vice-President

President, Franklin County Art Council, Lake Placid, NY, September - October 1993

The Getaway Youth Center. Saranac Lake, NY, 1993 - 1994

### ADVISORY BOARD MEMBER

The Golden Rule Foundation, Community Advisory Board, Maitland, FL: March 2004 – Present

The Golden Rule Foundation, Quantitative Systems Method of Outcome and Design, Subcommittee Facilitator, 2005-2006

Winter Park Tech, Medical Secretary Board, Winter Park, FL: October 2004 - 2006, Chairperson

Winter Park Tech, Medical Secretary Board, Winter Park, FL: October 2003 - October 2004

Southern California Neuropsychiatric Institute. Educational Advisory Board, La Jolla, CA: July 1985 - July 1987

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FL MHC License #MH6058

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Phone 407-246-4681

**LICENSES, AWARDS, CERTIFICATES, AND CONTINUING EDUCATION - PAST AND PRESENT**

March 18, 2011	Ten Best-Ever Anxiety Reducing Techniques – Margaret Wehrenberg, Psy.D. - Online
February 12, 2011	Domestic Violence - Continuing Education - VCC, Winter Park, FL
February 12, 2011	Boundaries and Ethical Issues in Psychotherapy – Meredith Neill - Continuing Education – VCC, Winter Park, FL
February 12, 2011	Prevention of Medical Errors – Continuing Education - Orlando, FL - VCC, Winter Park, FL
December 09, 2010	Bi-Polar Disorder – Continuing Education – Jay Carter, Psy. D., Orlando, FL
June 04 & 05, 2010	Emotional Release Therapy, Altamonte Springs, FL (16 credits of CEUS) with Ruth Stern
February 27 & 28, 2009	Certified Clinical Intern Supervisor – DOH Provider #50-2109 – Continuing Education – Alicia Homrich, Meredith Neill, Roberta Marowitz, Ruth Edwards, VCC, Winter Park, FL
February 21, 2009	Domestic Violence - Continuing Education - VCC, Winter Park, FL
February 21, 2009	Boundaries and Ethical Issues in Psychotherapy - Continuing Education – VCC, Winter Park, FL
February 21, 2009	Prevention of Medical Errors – Continuing Education - Orlando, FL - VCC, Winter Park, FL
September 25, 2008	Motivational Interviewing – Continuing Education – David Kiehl, Ph.D., Orlando Florida
May 22, 2008	Helping Clients with Anger Control – Continuing Education – Orlando, FL – Israel Kalman, M.S.
May 09, 2007	A.D.H.D. – Continuing Education – Orlando, FL – James West, M.A., LMHC, LMFT
November 17, 2006	Domestic Violence – Orlando, FL
November 17, 2006	Ethical Issues in Psychotherapy, & Preventing Medical Errors – Orlando, FL
November 01, 2006	Memory, Aging and Sleep – Continuing Education - Orlando, FL - Michelle Albers, Ph.D., RD
August 11, 2006	Bi-Polar Disorder – Continuing Education – Orlando, FL - Jay Carter, Psy.D.
March 19, 2005	Sexual Behavior and Values - Continuing Education - Philip Toal, Ed.D., LMHC
March 18, 2005	Anger and Violence - Continuing Education - Janet LeBlanc, LMHC
March 18, 2005	Anger Management: Cognitive/Behavioral Practicum - Continuing Education - Janet LeBlanc, LMHC
March 12, 2005	Domestic Violence - Continuing Education – Kathy Booker, LMHC
March 12, 2005	Reporting of Medical Errors - Continuing Education – Carol Mellanson
August 09, 2004	Anger, Aggression and Violence – Jeffrey Baker, Ph.D., Orlando, FL
June 17, 2004	The Over-Indulged Child – Continuing Education – Kathleen Kralick, Ph.D.
November 21, 2003	Playwrighting Master Class with Edward Albee, Rollins College, Winter Park, FL
August 15, 2003	The Unattached Child - Continuing Education - Larry Shyers, Ph.D.
August 15, 2003	Psychopharmacology for MHP - Continuing Education - Patricia Economidis, M.S., ARNP-BC
March 29, 2003	Juvenile Sex Offenders - Continuing Education - Nancy DeLong, LMHC, NCC
March 21, 2003	Domestic Violence - Continuing Education - Larry Shyers, Ph.D.
March 21, 2003	Reporting of Medical Errors - Continuing Education - Larry Shyers, Ph.D.
November 15, 2002	Spirituality in Psychotherapy - Continuing Education - Christine Rosenthal, M.A., LMHC
October 25, 2002	Working with Clients After the Affair - Continuing Education - Regina Proskine, LMFT
August 13, 2002	Women's Health Update - Continuing Education - Michelle Albers, Ph.D., R.D.
May 11, 2002	Borderline Personality Disorder - Continuing Education - Larry Shyers, Ph.D.
May 2000	Domestic Violence Course, Continuing Education, University of South Florida, Tampa, FL
April 27, 2000	Licensed Mental Health Counselor, State of Florida (#MH6058)
May 31, 1996	Emerging Business Award Nomination, Bellevue Chamber of Commerce, Bellevue, WA
February 1996	Outstanding Instructor, Discover University, Seattle, WA
July 1994	Certified Marriage and Family Therapist, State of Washington (#852)
July 1994	Certified Mental Health Counselor, State of Washington (#2619)
June 1994	AIDS Course for Continuing Education
1993	Elementary Teaching Certificate, K-6, State of New York
1989	Child Abuse: Detection, Treatment, and Reporting Course, Continuing Education
February 1987	National Board for Certified Counselors
Fall 1978	“60 Minutes” Segment – Award for Highest Contribution to the Field of Psychology by the APA.
July 1978	Licensed Marriage, Family and Child Counselor, State of California (#M12566)
July 1975-February 1983	Registered Psychological Assistant, State of California
July 1975-January 1979	Harold Bessell, Ph.D., Psychologist (Pre-Doctoral and Post-Doctoral Hours)
May-October 1979	Gay Parnell, Ph.D., Psychologist (Post-Doctoral Hours)
February 1981-February 1983	Gay Parnell, Ph.D., Psychologist (Post-Doctoral Hours)
1978	The Psychologist as Expert Witness - Theodore Blau, Ph.D., Continuing Education Course
1976-1977	California School of Professional Psychology Scholarship Work-Study Program Teaching Assistant, Advanced Psychological Assessment

**LICENSES, AWARDS, CERTIFICATES, AND CONTINUING EDUCATION - PAST AND PRESENT (continued)**

1974-1975	California School of Professional Psychology Scholarship and Work-Study Program Student Assistant for the Growth Series Teaching Assistant, Developmental Psychology
1973	California School of Professional Psychology, Scholarship
1973-1977	National Direct Student Loan (NDSL) and Federally Insured Student Loan (FISL)
1973-1975	Standard Teaching Certificate, Elementary 101, K-9, State of California
1972-1973	Outstanding Volunteer Contribution, Diagnostic Center, Menlo Park, NJ
1972	Elementary Teaching Certificate, K-6, State of New Jersey
1969-1970	Pacific Oaks College, Research Fellowship
1969, 1973, 1975	Children's Center Teaching and Supervision Certificate, State of California
1969	Pacific Oaks College, Teaching Fellowship
1968-1970	Pacific Oaks College, Work-Study Program
1966-1968	Ohio State University, School of Education, Bland L. Stradley Scholarship
1966-1970	New Jersey State Scholarship

**LISTINGS AND MEMBERSHIPS, PAST AND PRESENT**

Mensa International, 1979  
 American Psychological Association  
 American Association of Marriage and Family Therapists  
 California Association of Marriage and Family Therapists  
 National Board for Certified Counselors, 1987  
 Outstanding Young Women of America, 1979  
 The Dictionary of International Biography, 1976 and 1980  
 The International Authors and Writers Who's Who  
 Who's Who in the West, 1979 and 1980  
 Who's Who in California, 1981  
 Who's Who Among San Diego Women  
 The World's Who's Who of Intellectuals  
 The World's Who's Who of Women  
 The World's Who's Who of Human Services Professionals, 1987  
 Who's Who of Young American Professionals, 1988  
 Who's Who of La Jolla, 1988  
 Writers Guild of America, West, 1970  
 Women's Committee, Writers Guild of America, 1991  
 National Organization for Women  
 Film Society, Writers Guild of America  
 American Society of Composers, Authors, and Publishers (ASCAP)  
 American Federation of Television and Radio Artists (AFTRA)  
 Business and Professional Women's Club, Lake Placid NY  
 Bellevue Chamber of Commerce, Bellevue, WA, 1996  
 Winter Park Chamber of Commerce, Winter Park, FL, 2000-2005  
 Florida Motion Picture and Television Association, Orlando Chapter, Orlando, FL  
 United Film and Television Artists, Orlando, FL – Charter Member 2004-2007

<b>"HEAD LINES: ASK DR. DURRE'" - ADVICE COLUMN, PRESS REPUBLICAN, PLATTSBURGH, NY</b>	
Coping with Holiday Blues - Part 6: New Year's Resolutions	December 27, 1993
Coping with Holiday Blues - Part 5: Overeating and Drinking	December 20, 1993
Coping with Holiday Blues - Part 4: Depression and Suicide	December 13, 1993
Coping with Holiday Blues - Part 3: Losses and Deaths	December 6, 1993
Coping with Holiday Blues - Part 2: Divorced Families	November 29, 1993
Coping with Holiday Blues - Part 1: Unrealistic Expectations	November 22, 1993
Sexual Harassment - Part 8: The Supreme Court Decision; Harris vs. Forklift Systems	November 15, 1993
Sexual Harassment - Part 7: In Love with a Co-Worker or Boss?	November 8, 1993
Sexual Harassment - Part 6: Flirting is Never Harmless	November 1, 1993
Sexual Harassment - Part 5: Women Blame Themselves	October 25, 1993
Sexual Harassment - Part 4: The Sound and Intent	October 18, 1993
Sexual Harassment - Part 3: Looking It in the Eye	October 11, 1993
Sexual Harassment - Part 2: Don't Clam Up! Report It!	October 4, 1993
Sexual Harassment - Part 1: It's Against the Law	September 27, 1993
The Empty Nest Syndrome - Part 2: Worrying is Natural	September 20, 1993
The Empty Nest Syndrome - Part 1: Be Yourself Again	September 13, 1993
Changes in the Catholic Church	September 6, 1993
Accepting Each Other's Faults	August 30, 1993
It's Harder to Leave Than to Stay	August 23, 1993
Selecting a Mate	August 16, 1993
Don't Perpetuate Sexist Attitudes	August 9, 1993
Suicide Prevention	August 2, 1993
Find Work That You Love	July 26, 1993
Cheapness	July 12, 1993
Depression	July 5, 1993
Euthanasia	June 28, 1993
Domestic Violence - Part 2: Batterers Need Power and Control	June 14, 1993
Domestic Violence - Part 1: Victims Stay for Fear of Unknown	June 7, 1993
Gays in the Military - Part 2: Men Have Irrational Fears	May 31, 1993
Gays in the Military - Part 1: Men's Homophobia Begins Early	May 24, 1993
Driving Drunk with Children	May 17, 1993
Date Rape	May 10, 1993
Incest - Part 2: Where to Go	May 3, 1993
Incest - Part 1: It Crosses All Social Barriers	April 26, 1993
Envy, Gossip, and Rumors	April 12, 1993
Food Addiction	April 5, 1993
Alcoholism - Part 9: Recovery and the Twelve Steps	March 29, 1993
Alcoholism - Part 8: De-Tox and Rehabilitation Centers	March 22, 1993
Alcoholism - Part 7: Are You an Alcoholic? - A Quiz	March 15, 1993
Alcoholism - Part 6: Alcoholic Denial	March 8, 1993
Alcoholism - Part 5: Children of Alcoholics	March 1, 1993
Alcoholism - Part 4: Enablers and Co-Dependents	February 22, 1993
Alcoholism - Part 3: Doing an Intervention	February 15, 1993
Alcoholism - Part 2: Alcoholic Black-outs	February 8, 1993
Alcoholism - Part 1: Alcoholism and Addiction	February 1, 1993
Assertiveness	January 25, 1993
Letter from a Reader: "I Had a Child from an Affair"	January 18, 1993
Couples Should Be Listening to Each Other, and Telling the Truth	January 11, 1993

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS**

- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #30 – “Eric the Erratic One,” October 21, 2011  
<http://blog.ebosswatch.com/2011/10/coping-with-a-toxic-boss-eric-the-erratic-one/>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #29 – “Winnie the Whiner,” October 4, 2011  
<http://blog.ebosswatch.com/2011/10/coping-with-a-toxic-boss-winnie-the-whiner/>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #28 – “Blaine the Blamer,” September 14, 2011  
<http://blog.ebosswatch.com/2011/09/coping-with-a-toxic-boss-blaine-the-blamer/>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #26 – “Sandy the Snob,” August 10, 2011  
<http://blog.ebosswatch.com/2011/03/coping-with-a-toxic-boss-sandy-the-snob-boss>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #26 – “Dan the Detail Boss,” April 15, 2011  
<http://blog.ebosswatch.com/2011/03/coping-with-a-toxic-boss-dan-the-detail-boss>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #25 – “Bill the Big Picture Boss,” April 1, 2011  
<http://blog.ebosswatch.com/2011/03/coping-with-a-toxic-boss-bill-the-detail-boss>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #24 – “Peter the Pig,” March 18, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-peter-the-pig-axe>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #23 – “Phoebe the Phony,” March 04, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-betty-the-battle-axe>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #22 – “Betty the Battle Axe,” February 11, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-betty-the-battle-axe>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #21 – “Wade the One Upper,” January 27, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-wade-the-oneupper>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #20 – “Michael the Micromanager,” January 06, 2011  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-michael-the-micromanager>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #19 – “Porter the Political Soap Boxer,” October 16, 2010  
<http://blog.ebosswatch.com/2010/10/coping-with-a-toxic-boss-porter-the-political-soap-boxer>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #18 – “Sal the Slave Driver,” September 27, 2010  
<http://blog.ebosswatch.com/2010/09/coping-with-a-toxic-boss-sal-the-slave-driver/>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #17 – “Ned the Negligent,” September 10, 2010  
<http://blog.ebosswatch.com/2010/09/coping-with-a-toxic-boss-ned-the-negligent-boss>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #16 “Phil the Philanderer,” August 27, 2010  
<http://blog.ebosswatch.com/2010/08/coping-with-a-toxic-boss-phil-the-philanderer-when-you-have-to-cover-for-your-boss-affair/>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #15 – “Cynthia the Silent Treatment Torturer,” August 13, 2010  
<http://blog.ebosswatch.com/2010/08/coping-with-a-toxic-boss-cynthia-the-silent-treatment-torturer>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #14 – “Bobby the Boss’s Relative,” July 30, 2010  
<http://blog.ebosswatch.com/2010/07/coping-with-a-toxic-boss-bobby-the-boss-relative>
- EBossWatch.com, Twice monthly column, “Difficult Bosses –Column #13 – “Vernon the Verbal Abuser” July 16, 2010  
<http://blog.ebosswatch.com/2010/07/coping-with-a-toxic-boss-vernon-the-verbal-attacker>

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #12 – "Donald the Deal Maker," July 02, 2010  
<http://blog.ebosswatch.com/2010/07/coping-with-a-toxic-boss-donald-the-deal-maker>

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #11 – "Nancy the Narcissist," June 18, 2010  
<http://blog.ebosswatch.com/2010/06/coping-with-a-toxic-boss-nancy-the-narcissist>

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #10 – "Al the Alcoholic," June 06, 2010  
<http://blog.ebosswatch.com/2010/06/coping-with-a-toxic-boss-al-the-alcoholic>

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #9 – "Ian the Idea Stealer," May 24, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-ian-the-idea-stealer>

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #8 – "Susie the Sugar Coater," May 07, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-susie-the-sugar-coater/>

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #7 – "Greta the Gossip," April 16, 2010  
<http://blog.ebosswatch.com/2010/04/coping-with-a-toxic-boss-greta-the-gossip>

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #6 – "Clayton the Clueless," April 05, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-clayton-the-clueless>

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #5 – "Paula the Passive-Aggressive," March 19, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-paula-the-passive-aggressive>

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #4 – "Carl the Control Freak," March 05, 2010  
<http://blog.ebosswatch.com/2010/03/coping-with-a-toxic-boss-carl-the-control-freak>

Advance for Audiologist, Assertiveness Techniques That Give You Power: Use These Techniques to Bring About Win/Win Solutions When Correcting Faulty Job Performance, Merion Publications, February 2010  
<http://audiology.advanceweb.com/editorial/content/editorial.aspx?cc=215332>

*Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, Business and Communication Self-Help Book, McGraw-Hill Publishers, Publication Date: February 19, 2010

EBossWatch.com, Twice monthly column, "Difficult Bosses –Column #3 – "Sewell the Sexual Harasser," February 19, 2010  
<http://blog.ebosswatch.com/2010/02/coping-with-a-toxic-boss-sewell-the-sexual-harasser>

Recharger Magazine, "Assertiveness Techniques For Managers: Simple Steps Lead to Positive Dialogue, Positive Results," Page 58, February 2010

Advance for Audiologists, Assertiveness Techniques That Give You Power: Use These Techniques to Bring About Win/Win Solutions When Correcting Faulty Job Performance, Merion Publications, February 2010  
<http://audiology.advanceweb.com/editorial/content/editorial.aspx?cc=215332>

EBossWatch.com, Twice monthly column, "Difficult Bosses – Column #2 – "Bashia the Back-Stabber," January 29, 2010  
<http://blog.ebosswatch.com/2010/01/coping-with-a-toxic-boss-the-back-stabber/>

Leadership Excellence Magazine, January 2010

Tri-Cities Area Journal of Business, "Assertive Techniques Can Help Clear Communication Cloudiness," January 2010  
 Pages 30 and 32; <http://www.tricitiesbusinessnews.com/current-issue/>

EBossWatch.com, Twice monthly column, "Difficult Bosses – Column #1 – 'Dick the Dictator', January 15, 2010  
<http://blog.ebosswatch.com/2010/01/coping-with-a-toxic-boss-dick-the-dictator/>

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

- My Article Archive, "Assertiveness Techniques That Give You Power and How to Stand Up for Yourself," December 22, 2009  
<http://www.myarticlearchive.com/articles/9/294.htm>
- Exchange Magazine for Business/Economic Development/Entrepreneurs, "Assertiveness Techniques That Give You Power and How to Stand Up for Yourself," December 16, 2009  
<http://www.exchangemagazine.com/morningpost/2009/week51/Wednesday/121609.htm>
- Pacific Business News, Honolulu, HI, *In My Opinion*, "Maybe This Is Why You're Not Getting That Promotion," June 6, 2008
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Teamwork Essential When Facing Cutbacks in Staff," April 25, 2008
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Don't Let Frugality Poison Your Workplace," April 18, 2008
- Pacific Business News, Honolulu, HI, *In My Opinion*, "Gain Valuable Time by Managing Your Commute," April 4, 2008
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Want Results? Have Clear Benchmarks For Your Workplace Goals," April 4, 2008
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Good Will Begins With Paying Employees for Volunteer Work," March 20, 2008
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Toxic Workplace? Now's the Time to Find a Job You Can Love," February 29, 2008
- Business First of Buffalo, Buffalo, NY: *The Doctor Is In*, "Healthy Employees and Higher Productivity," February 22, 2008
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Use Time Effectively Going To and From Work," February 22, 2008
- Pacific Business News, Honolulu, HI, *In My Opinion*, "[Beware of These Pitfalls When Working From Home](#)," January 25, 2008
- Portland Business Journal, Portland, OR, *The Doctor Is In*, "Working From Home Requires Distinct Mindset, Strategy," January 18, 2008
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Money Not the Only Way to Hand Out Rewards for Workers," January 11, 2008
- Forbes Online, Home Page, "Lessons From Beatles Producer Sir George Martin on How To Be Successful," January 11, 2008, [www.forbes.com](http://www.forbes.com)
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Helping Society, Building Business Can Coincide," December 14, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/12/17/smallb6.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Unhappy with Your Job? Choose To Make a Change," November 16, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/11/19/smallb6.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Do the Polite, Right Thing: Return Emails and Phone Calls," November 9, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/11/12/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Protect Yourself From Potential Harassment Encounters at Work," November 2, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/11/05/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Take Immediate Action to Stop Sexual Harassment at Work," October 26, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/10/29/smallb4.html>

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Stop Workplace Sexual Harassment or Get Sued for Millions,” October 19, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/10/22/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Blackouts at Work – Handling Addicts, Alcoholics in the Office,” October 5, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/10/08/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “You Don’t Get a Second Chance to Make a First Impression,” September 28, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/10/01/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “If You Don’t Like Your Job, Do Something about It,” September 21, 2007
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Go to the Pros When Family Business Begins To Fall Apart,” September 7, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/09/10/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Mixing Marriage, Business – Couples Must Set Rules to Successfully Live, Work Together,” August 24, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/08/27/smallb1.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Family Business” August 17, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/08/20/smallb2.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Ensure Your Receptionist Makes a Good Impression,” July 27, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/07/30/smallb3.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Make Stress Work for You” July 20, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/07/23/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “More Tips to Cope With Stress,” June 22, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/06/25/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Only You Have the Power to Control Stress Levels,” June 15, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/06/18/smallb5.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Technology and Change – How to Sail in Troubled Waters,” May 25, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/05/28/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Interns and Mentors – Make It a Win/Win Solution,” May 18, 2007
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Don’t Let Procrastination Immobilize Your Business,” May 4, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/05/07/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Start a Recycling Program to Help Businesses, Individuals and The Planet,” April 27, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/04/30/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Violence in the Workplace – How To Prevent It and Deal With It,” April 13, 2007, <http://orlando.bizjournals.com/orlando/stories/2007/04/16/smallb1.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Gatekeepers: Helping or Hurting Your Bottom Line,” March 23, 2007
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Sir George Martin: The CEO of the Beatles – Part 3,” March 2, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/03/05/smallb4.html>
- Orlando Business Journal, Orlando FL: *The Doctor Is In*, “Sir George Martin: The CEO of the Beatles – Part 2,” February 23, 2007 <http://orlando.bizjournals.com/orlando/stories/2007/02/26/smallb3.html>



**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Sir George Martin: The CEO of the Beatles – Part 1," February 16, 2007  
<http://orlando.bizjournals.com/orlando/stories/2007/02/19/smallb1.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Changing Your Business For The Better Is Easier Than you Think,"  
 January 19, 2007, <http://orlando.bizjournals.com/orlando/stories/2007/01/22/smallb4.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Set Goals for the New Year That Are Reasonable, Achievable,"  
 December 29, 2006, <http://orlando.bizjournals.com/orlando/stories/2007/01/01/smallb3.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Start the New Year Off Right by Evaluating How Your Workplace  
 Operates," December 22, 2006, <http://orlando.bizjournals.com/orlando/stories/2006/12/25/smallb3.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Keep Your Expectations Reasonable Enough To Enjoy the Holidays,"  
 December 15, 2006, <http://orlando.bizjournals.com/orlando/stories/2006/12/18/smallb4.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Be Tactful, Clear, and Firm in Handling Workplace Disruptions,"  
 June 2, 2006, <http://orlando.bizjournals.com/orlando/stories/2006/06/05/smallb3.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Greed: It's One of the Seven Deadly Sins for a Reason,"  
 February 24, 2006

*Great Relationships™ Manual: A Guide to Share Yourself with Your Partner*, We Publish Books, Rancho Mirage, CA,  
 December 2005

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Be Proactive in Dealing With Drug, Alcohol Abuse Issues,"  
 December 30, 2005, <http://orlando.bizjournals.com/orlando/stories/2006/01/02/smallb2.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Lack of Integrity Sets Stage for Corporate Collision," September 2, 2005  
<http://orlando.bizjournals.com/orlando/stories/2005/09/05/smallb4.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Attitude Makes the Difference," June 3, 2005  
<http://orlando.bizjournals.com/orlando/stories/2005/06/06/smallb2.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Hire Competent Staff," April 8, 2005  
<http://orlando.bizjournals.com/orlando/stories/2005/04/11/smallb4.html>

Orlando Business Journal, Orlando FL: *The Doctor Is In*, "Martha's Lessons Learned in Jail," February 18, 2005  
<http://orlando.bizjournals.com/orlando/stories/2005/02/21/smallb1.html>

"Why I Am Happy To Be Living Life," in *Wake Up... Live the Life You Love*, edited by Steven E and Lee Beard, Little Seed  
 Publishers, Laguna Beach, CA, 2003

[http://books.google.com/books?id=5gdKdjRQY2EC&pg=PT112&lpg=PT112&dq=%E2%80%9CWhy+I+Am+Happy+To+Be+Living+Life.%E2%80%9D+in+Wake+Up%E2%80%A6++Live+the+Life+You+Love+linnda+Durre&source=bl&ots=9rppsw1sPF&sig=L7ci-NCIIUr66JBzYJxxHUUBRGM&hl=en&ei=MGSkS-PhI8eXtgeoI6WhCg&sa=X&oi=book\\_result&ct=result&resnum=2&ved=0CAoQ6AEwAQ#v=onepage&q=&f=false](http://books.google.com/books?id=5gdKdjRQY2EC&pg=PT112&lpg=PT112&dq=%E2%80%9CWhy+I+Am+Happy+To+Be+Living+Life.%E2%80%9D+in+Wake+Up%E2%80%A6++Live+the+Life+You+Love+linnda+Durre&source=bl&ots=9rppsw1sPF&sig=L7ci-NCIIUr66JBzYJxxHUUBRGM&hl=en&ei=MGSkS-PhI8eXtgeoI6WhCg&sa=X&oi=book_result&ct=result&resnum=2&ved=0CAoQ6AEwAQ#v=onepage&q=&f=false)

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "How To Survive the Holiday Chaos," November/December 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Let The Arts Enrich Your Life," October 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Party Hardy, But Smarty," September 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Creating Your Own 'I' Land," July/August 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "The Runner's High and the Athlete's Lows," May/June 2002

**PUBLICATIONS, BOOKS, NEWSPAPER, INTERNET, MAGAZINE, E-ZINE, AND ON LINE COLUMNS (continued)**

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "Our Beauty and Our Beast Year," March/April 2002

Orlando Leisure Magazine, Orlando, FL: Living Columnist, "A Bright New Year," January/February 2002

The Millenia Minute, DeVry Institute Newsletter, Orlando, FL: "Stress Management," Summer 2001

The Millenia Minute, DeVry Institute Newsletter, Orlando, FL: "Time Management," Spring 2001

Art and Understanding Magazine, Albany, NY: "Viewpoint - Black Plastic Cover," October 1999

Art and Understanding Magazine, Albany, NY: "Viewpoint - The Final Curtain," May 1999

Art and Understanding Magazine, Albany, NY: "Viewpoint - Youth-in-AIDS-ya," February 1999

Art and Understanding Magazine, Albany, NY: "Viewpoint - Denial: It's Not a River in Egypt," January 1999

Art and Understanding Magazine, Albany, NY: "Viewpoint - Better Late Than Never," June 1998

The W.H.O.L.E. Picture, ADD Digest, Crossroads Learning Center, Seattle, WA: "Family Systems Approach," September 1994

Holistic Health News, Seattle, WA: "Seasonal Affective Disorder," October 1994

Holistic Health News, Seattle, WA: "What is Holistic Therapy?" September 1994

"Comparing Romantic and Therapeutic Relationships," in *On Love and Loving*, edited by Kenneth Pope, Ph.D.,  
Jossey-Bass Publishers, San Francisco, CA: October 1980

"Off Ballance," Newsletter, Columnist, "The Bill Ballance Show," KFMB-AM Radio, San Diego, CA, 1985-1988

"Head Lines: Ask Dr. Durre'," Weekly Advice Columnist, Press-Republican, Plattsburgh, NY, January - December 1993

"Head Lines: Ask Dr. Durre'," Weekly Advice Columnist, Press-Republican, Plattsburgh, NY, January - December 1993

"Durre's Duress," Humor Columnist, Press-Republican, Plattsburgh NY, January - December 1993

*Sex Between Client and Therapist.* Book in progress.

*Great Relationships™ for Couples: How to Be Happy and Stay Happy.* Book in progress

*Great Relationships™ for Singles: How to Manifest Them/How to Keep Them.* Book in progress

Doctoral Dissertation: "Sexual Relationships Between Female Clients and Male Therapists." Unpublished dissertation.  
California School of Professional Psychology, San Diego, CA: July 1977. Registered with University Microfilms.

*An Activities Handbook for Teachers of Young Children*, by Robert D. Hess, Ph.D. and Doreen Croft, which accompanied  
their textbook, "Teachers of Young Children," published by Houghton-Mifflin in 1972. I wrote the chapter introductions.

San Gabriel Valley Alternative, Review of Vincent Van Gogh Exhibition at LACMA, "He Really Does Look Like Kirk  
Douglas," November, 1969

**VOLUNTEER WORK**

The Golden Rule Foundation – Member – 2004 – Present  
 The Golden Rule Foundation, Community Advisory Council Member, Maitland, FL: January 2005 – Present  
 The Golden Rule Foundation, Community Advisory Council, Facilitator, Maitland, FL: January 2005 – 2007  
 The Golden Rule Foundation, Community Advisory Council, Maitland, FL: March 2004 – Present  
 The Bridge Foundation, Vice President of the Board of Directors, Co-Founder and Charter Member, Apopka, FL  
 Winter Park Public Library, Winter Park, FL: Seminar Series, Fall 2000-2004  
 University High School, Orlando, FL: Mentor Program  
 Harbor House, Orange County Center Against Domestic Violence, Orlando, FL: Speaker's Bureau, July 2000-2007  
 Julian Street Inn, San Jose, CA: July 1999, Food Server at Homeless Shelter  
 Odyssey Theater, Los Angeles, CA: March 1999, Usher, Clerical Support, and Phone Contacts  
 Horses in the Hood, Los Angeles, CA: Consultant, November 1997, Director and Founder, Kathy Kusner  
 WMFE Radio and Television Pledge Drives, PBS and NPR Station, Orlando FL: 1996- 2005  
 Women in Communications, Seattle, WA: Matrix Convention, Speaker Chairperson  
 Women's Business Exchange, Seattle, WA: Table Leaders Committee, Assistant to the Chairperson  
 Women's Business Owners, Seattle, WA: Speakers Committee, Member; Hospitality Committee, Chairperson  
 Bellevue High School, Bellevue, WA: Mentor Program  
 Lake Placid High School, Lake Placid, NY: Mentor Program, Coordinator, Dean Dietrich  
 PBS Series, "Healing and the Mind with Bill Moyers," Adirondack Medical Center, Saranac Lake, NY: Group Leader, February 1993  
 The Getaway Youth Center, Saranac Lake, NY: Group Facilitator  
 Lake Placid Public Library, Lake Placid, NY and Saranac Lake Free Library: Children's Weekly Story Hour, Reader  
 WCFE Pledge Drive, PBS Station, Plattsburgh, NY: December 1992, January 1993, March 1993  
 Women's Committee, Writers Guild of America, West, Los Angeles, CA: June 1991-September 1992  
     Women's Filmmakers' Program, Publicity Sub-Committee, Member; Fund-Raising Sub-Committee, Member  
     SAG/WGA Direct Access Program, Hospitality Sub-Committee, Co-Chairwoman  
 KCET Pledge Drive, PBS Station, Los Angeles, CA: August 1992, March 1992  
 Cocaine Hot Line, San Diego, CA: Coordinator and Volunteer, May 1986-September 1986  
 Love and Sex Addiction Hot Line, San Diego, CA: Coordinator and Volunteer, May 1986-September 1986  
 The Difference-Makers, San Diego, CA: Consultant, 1985-1986, Director, Helice Bridges  
 Strong on Self-Defense, San Diego, CA: Consultant, Fall 1986, Director, Sandy Strong  
 La Jolla High School, La Jolla, CA: Mentor Program, School Years 1984-1985 & 1983-1984, Coordinator, Peggy Harmon  
 Werner Erhard and Associates, San Diego Area Center, San Diego, CA: On-Call Therapist for Trainings and Six Day, 1980 -1989  
 New Jersey State Diagnostic Center, Menlo Park, NJ: Award for Outstanding Volunteer Contribution, 1972-1973  
 John F. Kennedy Hospital, Edison, NJ: Bookmobile Worker, 1971  
 Foothill Free Clinic, Pasadena, CA: Receptionist, 1970  
 Unitarian Church, Columbus, OH: Big Sister Program, 1966-1967

**WORK EXPERIENCE****PSYCHOTHERAPIST, PRIVATE PRACTICE**

July 21, 1978-Present Individual counseling and psychotherapy with adults, adolescents and children; marriage, relationship, and couple counseling; family counseling; play therapy with children and adolescents; art therapy with adults, adolescents, and children; group counseling with adults, adolescents, and children; intern supervision.

Dealing with: cognitive, emotional, physical, and behavioral changes; childhood and life trauma, life transitions, anxiety, depression, phobias, addictive behavior, drug and alcohol abuse and addiction, recovery, co-dependence, children of alcoholics, adult children of alcoholics, dysfunctional and abusive parents and families; career counseling and career changes, separation and divorce, women's issues, anger management, assertiveness training, consciousness raising, men's issues; loss, grief, and mourning; death and dying, dream interpretation, journal writing, interpersonal communication skills, stress management, decision making, guided imagery and creative visualization, health and well being, weight gain and loss, eating disorders, sexuality, gay issues, gender dysfunction, sex discrimination, sexual abuse, sexual harassment, rape, incest; child neglect, abuse and molestation; childhood sexual abuse, family dynamics, child rearing, school adjustment, parent education, spousal abuse and domestic violence, self confidence, self concept, self-esteem, and self-image; values, ethics, morals, and spirituality issues.

**BUSINESS AND CORPORATE CONSULTATION**

July 1977-Present Consultation with Fortune 500 companies, corporations, businesses, agencies, organizations, offices, small businesses, non-profit organizations, professional and trade associations, groups, and clubs, dealing with customer service training, productivity levels, motivation, job satisfaction, absenteeism, time efficiency, sexual harassment, sex discrimination, diversity training, stress management, fund raising, income production, corporate expansion, product viability, conflict resolution, high turnover rates, task efficiency, office morale, personality conflicts, turf wars, interpersonal communication skills, personnel problems, employee benefits, decision making, creative problem solving, policy and procedures, child care, through team building, task forces, large and small group training and counseling, education seminars, individual counseling and study groups, with members of the boards of directors, advisory boards, presidents, executives, founders, owners, upper and middle management, advisors, administrative staff, and employees.

**PROFESSIONAL CONSULTATION**

July 1977-Present Consultation for and with individual clients in corporations, businesses, companies, organizations, offices, non-profit organizations, educational systems, legal, law enforcement, and correctional systems, medical and hospital settings on interpersonal communication, achievement, success, motivation, dealing with difficult people, assertiveness training, stress, incapacity and productivity

July 1977-Present Consultation for and with individual clients and companies for media, acting, screenplay writing, TV and film production, writing, newspaper and magazine columns, public relations, book promotion and publicity, Internet publicity , media marketing

**EXPERT WITNESS & CONSULTANT TO ATTORNEYS AND LEGAL SYSTEMS**

July 1977-Present Applying thirty-seven years of research and expertise in the area of sexual abuse in therapy by psychotherapists, psychiatrists, psychologists, social workers, counselors, ministers, priests, rabbis, and other mental health professionals. Testifying across the U.S. in a variety of civil cases.

Working with law firms, state licensing boards, state governments, state legislatures, and judicial systems across the country as consultant and as an expert witness, involving cases against psychotherapists accused of sexual abuse of their clients; working both in the prosecution of such cases, and in the formulation of proposed legislation.

Consultation to attorneys and plaintiffs, research, supplying bibliographies, giving depositions and expert witness testimony, and education of and consultation to therapists and other experts.

Other expert witness and case consultation includes divorce, relocation, child custody, disability, emotional distress, rape, sexual harassment, sex discrimination, personal injury, psychological and psychiatric malpractice. Qualified in six states as an expert witness – GA, CA, WA, AR, CT, FL

**FIELD PLACEMENT AND INTERNSHIP SUPERVISOR**

August 2004–Present Supervising students from University of Central Florida, with an interest in psychology, tutorial in Developmental Psychology, overseeing their field placements hours and observation hours in infant centers, day care centers, private nursery schools, kindergarten, elementary schools, middle schools, and high schools; psychiatric hospitals, and Lakeside Alternatives; weekly meetings.

January 5, 2004–Present Supervising undergraduate students from the University of Central Florida, majoring in marketing and digital media. Projects ranged from collating press kits, making cold calls to community agencies, business associations, clubs, and companies; lining up speeches, sending out children’s books to children’s books agents, doing Internet research, organizing and alphabetizing mailing labels, data entry, PowerPoint presentations, generating marketing ideas for sponsors, topics, and guests for my TV and radio shows; editing & developing flyers and brochures, attendance at weekly staff meetings.

September 2005–May 2009 Supervising students from Valencia Community College, with interests in media, film, marketing, computer graphics, digital media, communications, psychology, education, business, journalism, TV, radio, publicity, marketing, and public relations.

August 2005–December 2005 Supervising a student from the Connecticut School of Broadcasting in Tampa, Florida, in the field of digital media with interests in media, film, TV, radio, editing, and communications, working on editing for my various media projects and doing Internet research for my various media projects.

January 5, 2001–2006 Supervising students from Winter Park Tech. Duties include filing, organizing, collating, press kits, clerical and office skills, receptionist duties, communication skills, appearance, proper office behavior and etiquette.

April–May 2006 Supervising a student from Valencia Community College, with an interest in psychology, tutorial in Developmental Psychology, overseeing their field placements hours and observation hours in infant centers, day care centers, private nursery schools, kindergarten, elementary schools, junior high schools, and high schools.

July 31, 2003–December 12, 2003 Supervising a senior from the University of Central Florida, majoring in psychology with an interest in film. Discussing options for his career, including private practice, working with clients in clinical settings, scriptwriting, directing, producing, casting, and studying films and character development, all from a psychological perspective.

Fall 2002–Spring 2004 Supervising a senior at Rollins College, majoring in psychology at a field placement at Lakeside Alternatives, a community agency for both in patients and out patients in a clinical setting, with individual therapy, large and small group therapy, intake procedures, for drug and alcohol rehabilitation, for temporary Baker Acted clients, rehabilitation groups, special interest groups, report writing, and psychodiagnostic testing.

**MEDIA GUEST AND COMMENTATOR**

1975– Present Guest appearances on hundreds of national, regional and local television and radio shows, and interviewee in national and local newspapers, newsletters, e-zines, and magazines discussing a variety of topics: relationships, communication, marriage counseling, sexuality, A.D.D., ADHD, post-partum depression, manic depression, anxiety, phobias, depression, visualization, goal setting, risk taking, networking, stress management, time management, health, overcoming failure, fear of success, conquering addictions, 12 Step Programs, drug and alcohol recovery, career changes, life transitions, confronting sexual harassment and discrimination, teenagers, war, and terrorism.

Appearances include Oprah, 60 Minutes, The O’Reilly Factor, Good Morning America, The Today Show, Canada AM, The Home and Family Show, AM LA, Hour Magazine, The Home Show, The Daily Buzz; Canada AM, ESPN Radio, and the local and/or national news shows on NBC, ABC, CBS, PBS, NPR, Fox News and CW. Appearances on local Orlando TV and/or radio stations: Central Florida News 13, WESH, WOFL, WFTV, WKMG, WMFE, WDBO, Clear Channel, and WEUS.  
 May 2005–Feb 2006 Weekly psychotherapist on “The Daily Buzz” for nine months discussing contemporary issues.

**TELEVISION AND RADIO TALK SHOW HOST AND PRODUCER/CO-PRODUCER**

- September 8, 2009-  
July 01, 2010 Host and producer of "The Linnda Durre' Show" on 810 AM WEUS in Orlando, Florida, leased and operated by Communicom Corporation, Inc., Denver, CO. from September 08, 2009 to February 08, 2010 and then owned and operated by BIG 810 AM and owner Carl Como Tuteria from February 09, 2010 to July 01, 2010. Daily, hour-long, live call-in talk and interview show, featuring celebrities and people of note. Guests included Oscar, Emmy and Golden Globe winner, Louis Gossett Jr.; 7 Emmy and 5 time Golden Globe winner, Edward Asner; film producer Michael Medavoy, Tony winning Broadway producer, Hillard Elkins; Ruben Studdard, American Idol winner; singer/songwriter Peter Cetera; 15 time Grammy winner David Foster; country legend Lynn Anderson; comedians Colin Mochrie, Rich Natole, and Elon Gold; actors Lydia Cornell, Cynthia Morgan, Paul Petersen, Devin Oatway, Doug Davidson; athletes Arnold Palmer, Earl "The Pearl" Monroe; coaches Jay Gruder and Lou Comeau; musicians Kenny G., Ottmar Leibert, and bands Mirror Pal, Colourslide, Built to Be Broken, Four Year Strong, Underwhelmed.
- July 1, 2003-  
September 23, 2003 Host and producer of "Personal Success Hotline with Dr. Durre'," WCEU, Channel 15, PBS Affiliate, Daytona Beach, Florida. Weekly series for seven weeks discussing all aspects of success: planning, vision, goal setting, drive, ambition, visualization, commitment to excellence, risk taking, ethics, communication skills, networking, handling stress, optimum health, achieving balance, overcoming obstacles and failures, conquering addictions and bad habits, career changes, confronting harassment and discrimination, financial success, positive mental attitude, and success as a lifestyle. Interviewing guests on the show as well as taking calls from listeners.
- September 9, 2000-  
January 6, 2001 Host and co-producer of "The Dr. Linnda Durre' Show" on News Talk 580 AM WDBO Radio in Orlando, Florida, owned and operated by Cox Communications. Weekly, hour-long, live call-in talk and advice show, dealing with calls from listeners on a variety of psychological topics: marriage, in-laws, children, teenagers, family, sex, communication, work, neighbors, motivation, depression, anxiety, bipolar disorder, drug and alcohol abuse and addiction, rehab, relationships, school performance, anger management, stress reduction, time efficiency, assertiveness, dealing with bullies at school, test taking, college preparation, vocational choices, health, etc.
- July 2000-January 2001 Substitute host for "The Bob Rose Show" and "Birdsong" on News Talk 580 AM WDBO Radio in Orlando, Florida, when regular hosts were on vacation, ill, or had other commitments.
- March 1996-March 1997 Host and co-producer of "Ask The Family Therapist" on America's Health Network (AHN), which was associated with Mayo Clinic and which aired from Universal Studios, Orlando. It was a two-hour, live call-in talk show, presenting a variety of topics on mental health, psychology, and contemporary issues. I interviewed guests, answered questions from a national call-in audience, and researched sources. Some shows featured guests and experts, some did not. Working with producers and associate producers in researching issues. I was selected in a national search from 200 applicants. AHN was owned by A.H. Belo and was associated with Mayo Clinic and IVI Publishing, before being sold to Fox and then Discovery Health.
- April 1993-April 1994 Host and co-producer of "Let's Talk with Dr. Linnda Durre'" on WCFE-FM, the NPR affiliate in Plattsburgh, NY. Weekly hour long, live, call-in talk and interview show, on a variety of topics.
- July-October 1989 Host for the pilot of "Meet Your Match," produced by Jacalone and Bunzel Productions.
- May 1986 Pilot finalist for "Good Advice," a television call-in, advice show, produced by Andy Friendly.

**AUTHOR, WRITER, AND NEWSPAPER, ONLINE, E-ZINE, AND MAGAZINE COLUMNIST (see Publications)**

- 1967 – Present Writing newspaper columns and articles, novels, self-help books, poems, newsletters, books, interviews, celebrity profiles, humor articles, and newspaper, magazine, web, and e-zine columns, screenplays, TV series (sold TV series to Aaron Spelling in 1970), TV scripts, MOW's, etc. Books include: *Surviving the Toxic Workplace: Protect Yourself Against the Co-Workers, Bosses, and Work Environments That Poison Your Day*, Business and Communication Self-Help Book, McGraw-Hill Publishers, Publication Date: February 19, 2010. *Great Relationships™ Manual: A Guide To Share Yourself With Your Partner*, We Publish Books, Rancho Mirage, CA, December 2005, Available on Amazon, Borders, and Barnes & Noble

**MOTIVATIONAL SPEAKER, SEMINAR LEADER, AND TEACHER**

July 1978-Present Giving speeches, workshops, seminars, and classes to a variety of groups, organizations, associations, corporations, businesses, professional groups, schools, colleges, universities, and non-profit agencies concerning positive thinking, optimum mental health, communication, visualization and manifestation techniques, prosperity consciousness, success motivation, domestic violence, child abuse, interpersonal communication skills, family dynamics, setting limits, dealing with teenagers, assertiveness training, stress management, time efficiency, anger management, and a variety of other topics.

**TRAINING GROUPS**

July 1978-May 1997 Group training and course work on individual, couple, family, and group counseling techniques for MFCC interns to qualify for licensure training hours.

**ADJUNCT OR ASSOCIATE OR ASSISTANT PROFESSOR OF PSYCHOLOGY**

Spring 2005 Adjunct Professor of Developmental Psychology at Seminole Community College, Lake Mary, FL

Spring 2003 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL

Fall 2002 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL

Spring 2002 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL

Fall 2001 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL

Spring 2001 Adjunct Professor of Life Span Development at Rollins College, Winter Park, FL

Fall 2000-August 2001 Assistant Professor of Psychology, Sociology, and Critical Thinking at DeVry, Orlando, FL

Summer 2000 Adjunct Professor of two courses, Life Span Development and Life Transitions, Rollins College, Winter Park, FL

January 1997 Adjunct Professor of Life Transitions at Rollins College, Winter Park, FL  
This is a course I designed, dealing with all psychological and aging transitions, including: childbirth, adolescence, college, leaving home, marriage, mid-life crisis, empty nest syndrome, separation, divorce, coming out gay, religious conversion, retirement, terminal illness, widowhood, dying, and death, among other topics.

August 1996-December 1996 Adjunct Professor of Developmental Psychology at Valencia Community College, that included pre-requisite of General Psychology, Orlando, Florida. Designed to survey theory and research on development from conception through death. Emphasized biological and social variables, which influence human behavior.

**GREAT RELATIONSHIPS™ WORKSHOPS**

April 2000-Present Workshops for couples on interpersonal and family psychodynamics, reviewing and assessing former relationships, communication techniques, how to process clearly and directly, conflict resolution, agreeing to disagree, assessing compatibility, learning acceptance, describing qualities of highly successful relationships; evaluation of individual, family, parental, mate, and couple strengths and weakness. Trademark granted 1995.

July 1978-May 1997 Workshops for singles on interpersonal and family psychodynamics, reviewing and assessing former relationships, describing qualities of highly successful relationships, seeking better selection criteria; evaluation of individual, family, parental and former mate strengths and weaknesses; visualization and manifestation techniques. Trademark for workshops granted in 1995. Book trademark granted 2004.

**SPORTS PERFORMANCE CONSULTATION**

July 1978-Present Working with professional and amateur athletes and weekend aspirants concerning peak performance, identifying and eliminating negative messages from parents, teachers, coaches, siblings, family, and others; positive thinking, optimum mental health, communication, visualization and manifestation techniques, self-discipline, reward strategies, meditation, relaxation, and success motivation. Working with teams on cooperation, team spirit, racial harmony, acceptance, healthy competition, inspiring each other, pressure, and having a spiritual base for life. Working with families of athletes on coping with sudden wealth and fame, handling the media, critics, fans, hangers on, stalkers, temptations, groupies; drug and alcohol abuse and addiction, stress, and co-dependence.

**COLLEGE INSTRUCTOR**

1993-1994 Teaching life skills courses on assertiveness training, couples communication, changing careers, decision-making, stress management, and getting organized, at North Country Community College, Saranac Lake, NY.

**EXECUTIVE RECRUITER**

January 2000- Present Working with Janus Recruiting to find suitable candidates for a various of executive positions, through entry level positions, in industry, hospitality, business, and other careers. Working with candidates, analyzing test results, reviewing resumes, coaching on interviewing, appearance, and professional image. Referring clients to Janus Recruiting for various positions as well as to work with them as an executive recruiter.

**POST-GRADUATE WORK EXPERIENCE****GAY PARNELL, Ph.D., PSYCHOLOGIST****SAN DIEGO, CA****REGISTERED PSYCHOLOGICAL ASSISTANT**

May 1979-October 1979 Completion of my post-doctoral hours towards licensing. Individual and group psychotherapy, marriage and couple counseling, family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, consultation, research, journal articles, professional writing, and supervision.

February 1981-  
February 1983

**HAROLD BESSELL, Ph.D., PSYCHOLOGIST****LA JOLLA, CA****REGISTERED PSYCHOLOGICAL ASSISTANT**

August 1977-  
January 1979 Completion of my post-doctoral hours towards licensing. Individual and group psychotherapy, marriage and couple counseling, family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, consultation, and supervision.

**GRADUATE WORK EXPERIENCE**

[NOTE: Many of these positions held concurrently with other positions and with graduate studies.]

**WESTERN INSTITUTE OF SAN DIEGO****SAN DIEGO, CA****PSYCHOLOGICAL INTERN**

January 1977-  
July 1977 Individual and group psychotherapy with adults, adolescents, and children. Marriage, couple, and family counseling. Individual and group counseling with clients referred from the Drug Diversion Program and Probation Department. Community outreach, report writing, staff meetings. Supervision by Gary Lancaster, Ph.D., Licensed Psychologist; and Jeanne McAllister Priddy, Agency Director.



**JUAREZ-LINCOLN ELEMENTARY SCHOOL  
CHULA VISTA, CA  
COMMUNITY AIDE**

November 1976- December 1976  
Emergency School Aid Act (ESAA). Community organization in initial establishment of community school: in-staff training, attending meetings and workshops, parent participation and education classes, career education for children and adults, coordination and supervision of volunteers. Supervision by Patricia Allen, Community Services Director; Nancy Belluci, M.A., School Psychologist; Joseph Cummings, Ph.D., Licensed Psychologist; and Fred Huntington, Ed.D., ESAA Coordinator.

**JUAREZ-LINCOLN ELEMENTARY SCHOOL  
CHULA VISTA, CA  
PSYCHOLOGICAL INTERN**

January 1976- July 1976  
Individual and group psychotherapy and counseling with children, parents, and families. Classroom observation, intervention, consultation with teachers and staff. Facilitator of gifted children's affective programs, including classes. Individual, group, and family counseling, and parent participation programs for the gifted children's program. Supervision by Nancy Belluci, M.A., School Psychologist; Joseph Cummings, Ph.D., Licensed Psychologist; and Fred Huntington, Ed.D., ESAA Coordinator.

**UNIVERSITY HOSPITAL  
SAN DIEGO, CA  
PSYCHOLOGICAL INTERN**

September 1975- December 1975  
Intensive care unit of pediatrics and neo-natology ward headed by Louis Gluck, M.D., working with high-risk infants and their parents. Follow up testing of premature and high-risk infants, developmental assessment administering Bayley Scales and other measures, report writing, parent counseling, medical rounds, lectures, and in-staff training in a multi-disciplinary environment of a university hospital. Supervision by Charlotte L. White, Ph.D., Program Director, and Leroy Kurlander, M.D., Child Psychiatrist.

**HAROLD BESSELL, Ph.D., PSYCHOLOGIST  
LA JOLLA, CA**

**REGISTERED PSYCHOLOGICAL ASSISTANT**

July 1975- August 1975  
Completion of my pre-doctoral hours towards licensing. Individual and group psychotherapy, marriage, relationship, and couple counseling; family therapy, play therapy with children and adolescents, psychodiagnostics, report writing, record keeping, and consultation.

**U.S. NAVAL DRUG REHABILITATION CENTER  
NAVAL AIR STATION, MIRAMAR, SAN DIEGO, CA  
NAVY PSYCHOLOGIST AND DRUG COUNSELOR**

January 1975- May 1975  
Group and individual psychotherapy, psychological assessment, and in-take interviews, working with poly-drug abusers, mostly male, ages approximately 18-25. Working with Naval staff, CPOs, Navy officers, Navy psychologists, Navy drug counselors, and administration staff.

Presentation of lectures for in-service training at both the Drug Rehabilitation Center and the Drug Counseling and Education School. Supervision by Lt. William Chalstrom, Navy Psychologist.

**TOWNHOUSE FOUNDATION  
SANTEE, CA  
CONTRACT COUNSELOR / CONSULTANT**

July 1974- December 1974  
Out-patient pilot program development and design for residential treatment home/center for emotionally disturbed adolescent boys. Supervision by James Schultz, Director; Richard Simpson, Executive Director; Dennis Holman, Site Supervisor; and Susan Klitzer, Site Supervisor.

**TOWNHOUSE FOUNDATION****SANTEE, CA  
COUNSELOR**

July 1974-

December 1974

Residential treatment home/center for emotionally disturbed adolescent boys. Individual and group psychotherapy, family therapy, crisis counseling, planning and supervision of activities, art therapy teacher and coordinator, and staff meetings. Supervision by James Schultz, Director; Richard Simpson, Executive Director; Dennis Holman, Site Supervisor; and Susan Klitzer, Site Supervisor.

**YMCA, HUMAN DEVELOPMENT DEPARTMENT****SAN DIEGO, CA****CONTRACT COUNSELOR**

June 1974-

December 1974

Individual and group counseling with clients referred through the California Youth Authority, who were on probation. Drug and alcohol counseling. In-service training, and supervision by David Chamberlain, Ph.D., Licensed Psychologist; Breffni Barrett, Ph.D., Agency Director; and Eliot Weinstein, Ph.D.

**CENTER FOR WOMEN'S SERVICES AND STUDIES****SAN DIEGO, CA****TRAINEE**

June 1974-

September 1974

Eight-week training course in feminist counseling, including rape, problem pregnancy, birth control, family planning, and consciousness raising. Supervision and instruction by Laurie McKenzie, Coordinator, Counseling Services and Training.

**SAN DIEGO COUNTY JAIL, WOMEN'S SECTION****SHERIFF'S DEPARTMENT, SAN DIEGO, CA****PSYCHOLOGICAL TRAINEE**

April 1974-

August 1974

Individual and group counseling, multi-media art therapy workshops, psychological testing, and counseling with female inmates, sentenced and unsentenced for county, state, and federal offenses. Supervision by Quincy White, M.A., Counseling Director.

**SOUTHWOOD MENTAL HEALTH CENTER****CHULA VISTA, CA****ON-CALL PSYCHIATRIC AIDE**

February 1974-

June 1974

Private mental hospital, working with adults and adolescents; counseling, staffing, charting, supervision of activities, occupational and recreational therapy. Supervision by staff.

**U.S. NAVAL DRUG REHABILITATION CENTER****NAVAL AIR STATION, MIRAMAR, SAN DIEGO, CA****PSYCHOLOGICAL TRAINEE**

January 1974-

April 1974

Individual and group counseling, attendance at staff meetings and seminars, some psychological testing, working with poly-drug abusers, mostly male, ages 18-25. Supervision by Lt. William Chalstrom, Navy Psychologist.

**MILDRED HAGAN TUTORING SERVICE****LA JOLLA, CA****PRIVATE TUTOR**

September 1973-

April 1974

Working with elementary and junior high school students in a variety of subjects: English, spelling, math, reading, testing skills, memory training, proficiency tests, and self-esteem building.

**POST-CREDENTIALIAL WORK EXPERIENCE****SCOTCH PLAINS-FANWOOD BOARD OF EDUCATION****SCOTCH PLAINS, NJ****FIRST GRADE TEACHER**

January 1972- Suburban public elementary school. Beginning by replacing out-going teacher on pregnancy leave  
 June 1973 and then having my own first grade class the following year. Supervision by Carl M. Kumpf, Principal.

**NEW JERSEY STATE DIAGNOSTIC CENTER****MENLO PARK, NJ****VOLUNTEER ART TEACHER & ART THERAPIST**

December 1972- Multi-media art workshops, one evening a week, with emotionally disturbed children and  
 June 1973 adolescents, ages 8-18. Separate classes for males and females. Supervision by Morton Cullity, Director of Recreation, and Jeffrey Berger, Ph.D., Staff Clinical Psychologist.

**WORK EXPERIENCE WHILE A STUDENT AT NEWARK STATE COLLEGE****CREATIVE NURSERY SCHOOL****HIGHLAND PARK, NJ****ASSISTANT TEACHER AND HEAD TEACHER**

September 1971- Nursery school teacher, five mornings a week, for two groups of four year olds (MWF and Tu Th)  
 January 1972 and head teacher for an afternoon group of four year olds (Tu Th). Supervision by Kathleen Muller, Director.

**POST-BACCALAUREATE EXPERIENCE****GLENDALE ART FORUM****GLENDALE, CA****INSTRUCTOR AND PROGRAM COORDINATOR**

September 1970- Multi-media art classes for pre-schoolers and five to nine year olds. Working with markers, clay,  
 February 1971 crayons, pencils, paper, etc., for collage, sculpture, drawing, etc.

**CALIFORNIA INSTITUTE OF TECHNOLOGY****YMCA, WINNETT STUDENT CENTER****PASADENA, CA****GROUP FACILITATOR TRAINEE**

September 1970- Led groups of students from Cal Tech and other local area colleges. Staff meetings, reading,  
 February 1971 in-service trainings. Group supervision and training with on-staff psychologists, Nancy Beakel, Ph.D. and Ian Hunter, Ph.D.

**PASADENA HEAD START****PASADENA, CA****SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

June 1970- Working at various Head Start sites in Pasadena. Supervision by individual site directors and  
 February 1971 Jean Walls, Director.

**WORK EXPERIENCE WHILE A STUDENT AT PACIFIC OAKS COLLEGE****SIERRA MADRE COMMUNITY NURSERY SCHOOL****SIERRA MADRE, CA****SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

January 1970- Working with varied age groups in various classrooms, two year olds, three year olds, and four  
 June 1970 year olds. Supervision by Lillian Burke, Director.

**PASADENA WELL-BABY CLINIC****PASADENA, CA****PHYSICIAN'S ASSISTANT**

January 1970-

Research project on non-verbal communication between mother and child(ren). Bi-lingual skills

June 1970

used. Supervision by Joan Martin, R.N.

**PACIFIC OAKS COLLEGE****PASADENA, CA****SENIOR PRACTICUM SUPERVISOR**

October 1969-

Chosen as one of three senior students to observe and consult with new junior practicum

June 1970

students. Group supervision with the coordinator. Supervision by Susan Garfinkle, Coordinator of Practicum Supervision.

**PACIFIC OAKS COLLEGE****PASADENA, CA****RESEARCH FELLOW**

September 1969-

Working with a Mexican-American family involving the parents in their children's and grandchildren's learning, studying modes of communication, and doing further research in infant development. Supervision by Elizabeth J. Jones, Ph.D., Dean of Faculty and Director of Federal Project, "Involving Parents in Children's Learning."

June 1970

**PACIFIC OAKS COLLEGE****PASADENA, CA****SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

September 1969-

Working with varied age groups in various classrooms. Supervision by individual head teachers

June 1970

and Mary Pieters, Director of Children's School.

**STANFORD UNIVERSITY****PALO ALTO, CA****IN ASSOCIATION WITH THE U.S. OFFICE OF EDUCATION, DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE; WASHINGTON, D.C.****RESEARCH ASSISTANT TO ROBERT HESS, PH.D.**

June 1969-

Coding and tabulating over 3,000 protocols for the national evaluation of Head Start from selected sites across the country. Also wrote parts of the chapter introductions to the supplementary teachers' manual, "An Activities Handbook for Teachers of Young Children," by Robert D. Hess, Ph.D., and Doreen Croft, which accompanied their textbook, *Teachers of Young Children*, published by Houghton-Mifflin in 1972.

September 1969

**SIERRA MADRE COMMUNITY NURSERY SCHOOL****SIERRA MADRE, CA****TEACHING FELLOWSHIP AS HEAD TEACHER**

February 1969-

Specially selected as head teacher for Sierra Madre Cooperative Nursery School, teaching MWF and Tu Th classes of four-year olds. Supervision of parent staff members and volunteers. Staff meetings, progress reports, curriculum development, parent conferences, and field trips.

June 1969

Supervision by Lillian Burke, School Director, and Polly McVickar, Pacific Oaks College Supervisor.

**PASADENA HEAD START****PASADENA, CA****SUBSTITUTE TEACHER AND SUBSTITUTE HEAD TEACHER**

January 1969-

Working at various Head Start sites in Pasadena. Supervision by individual site directors and

June 1970

Jean Walls, Director.

**PACIFIC OAKS CHILDREN'S SCHOOL  
PASADENA, CA  
PRACTICUM STUDENT**

September 1968- Beginning as a junior, taking my first practicum in the kindergarten. Supervision by Molly  
January 1969 Scudder, head teacher.

**AMERICAN FRIENDS SERVICE COMMITTEE  
PASADENA, CA  
CHILD CARE SUPERVISOR**

May 1968- Supervisor of child care for American Friends Service Committee retreats and religious  
June 1970 services.

**PRE-PACIFIC OAKS COLLEGE WORK EXPERIENCE**

**THE MIDTOWN SCHOOL  
LOS ANGELES, CA  
TEACHING ASSISTANT**

June 1968- Working in a progressive nursery school in the Hollywood Hills in the four year old group, for the  
August 1968 summer session. Supervision by Molly Edmundson, head teacher.

**CASA MONTESSORI  
PASADENA, CA  
DAY CARE COUNSELOR**

March 1967- In charge of after-school day care and also a part-time substitute teacher, at a private Montessori  
June 1967 school in Pasadena while attending UCLA. Supervision by staff.

**RECREATION DEPARTMENT  
BOROUGH OF METUCHEN  
METUCHEN, NJ  
PLAYGROUND COUNSELOR**

Summer 1967 In charge of crafts, athletics, swimming, etc., at two different sites for the summer parks program.  
Supervision by Joseph Germain, Director of Recreation.

**MIDDLESEX COUNTY CAMP PROGRAM  
ROOSEVELT PARK, NJ  
CAMP COUNSELOR AND HEAD OF DRAMATICS DEPARTMENT**

Summer 1966 Summer camp for disadvantaged children, ages 6-13. Working with each cabin, presenting  
weekly plays and skits, and as a cabin counselor with my own cabin of six-year-olds.  
Supervision by John Fitzpatrick, Director, and senior staff members.